



Index

INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2018/36

Date: 14th June, 2018

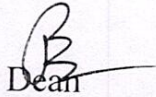
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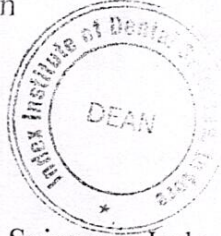
This is to inform that there is an Oral Health Camp at Tigariya on 15/06/2018. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya

Interns/Students: Keerti Rawat., Tanha khan, Kiran Patanker, Kommu Jyoshna, Kratika Panchal, Krupa Shroff, Lalita Rajput, M. Sudha

MRD: Mr. Anil Chouhan


Dean



Index Institute of Dental Sciences, Indore

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Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 15th June, 2018

Index Institute of Dental Sciences

Report of the Oral Health Camp - Tigariya

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Tigariya on 15th June, 2018. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Interns/Students: Keerti Rawat., Tanha Khan, Kiran Patanker, Kommu Jyoshna, Kratika Panchal, Krupa Shroff, Lalita Rajput, M. Sudha and MRD- Mr. Anil Chouhan actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:50 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Anil Chouhan for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:00 am.

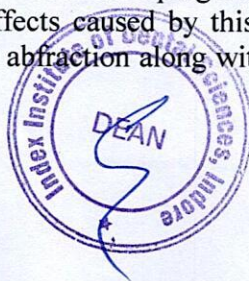
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD- Mr. Anil Chouhan managed the flow of dental instruments and supplies. MRD- Mr. Anil Chouhan also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 138 patients were screened and 46 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 46 patients out of 138 screened patients required dental treatment. Out of 46 treated patients, 29 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 12 patients required extraction of their teeth. Where a sum of 6 patients underwent extraction due to loosening of their teeth, 5 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 5 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation



Registrar
Malwanchal University
Indore (M.P.)

of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dr. Ranjani Mani
Tejpatni

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 138 screened patients 46 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:05 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
138	46	05	12	29	46



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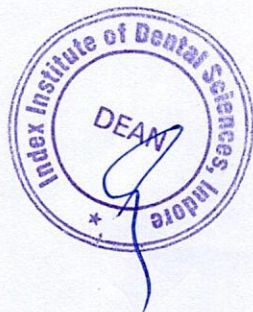


Patient counselling regarding Dental Treatment



Patient Receiving Dental Treatment in Mobile Dental Van

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)

Date: 15th June, 2018

Index Institute of Dental Sciences
Participant List of the Oral Health Camp - Tigariya

S. No.	Name of Participant
1.	Keerti Rawat
2.	Tanha khan
3.	Kiran Patanker
4.	Kommu Jyoshna
5.	Kratika Panchal
6.	Krupa Shroff
7.	Lalita Rajput
8.	M. Sudha


Camp Coordinator




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Indore (M P)



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INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

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Constituent Unit of Malwanchal University, Indore



Ref No.: IIDS/Misc.Camp/2018/40

Date: 13th July, 2018

CIRCULAR

This is to inform that there is an Oral Health Screening Camp at Dungariya on 14/07/2018. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya

Interns/Students: Krupa Shroff, Lalita Rajput, M. Sudha, Madhubala Jat, Manisha Choudhury, Manisha Jha, Mohammed Furquan, Mohd. Khaja Mubeeruddin, Monica Roy Chandel

MRD: Mr. Anil Chouhan

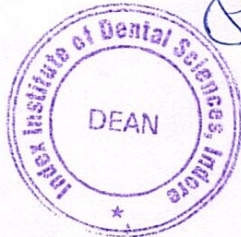
Dean



Index Institute of Dental Sciences, Indore

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City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 14th July, 2018

Index Institute of Dental Sciences

Report of the Oral Health Screening Camp - Dungariya

A free dental check up camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Dungariya on 14th July, 2018. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Interns/Students: Krupa Shroff, Lalita Rajput, M. Sudha, Madhubala Jat, Manisha Choudhury, Manisha Jha, Mohammed Furquan, Mohd. Khaja Mubeenuddin, Monica Roy Chandel and MRD- Mr. Anil Chouhan actively participated. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured we arrived safely and kept an eye out for photogenic rest stops. The team left Dental College premises at 09:05 am and reached the above mentioned venue at 10:00 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration area, which was managed by two intern dentists. After registration patients were sent to the screening area where two intern dentist along with senior dentist Dr. Ranjan Mani Tripathi, who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Anil Chouhan for the smooth functioning of the dental camp. Screening of the patients at the camp site started at 10:10 am.

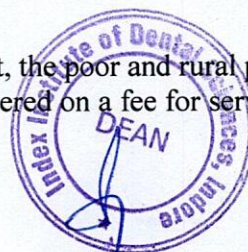
A total of 163 patients were screened in the camp. On oral examination poor oral hygiene, improper brushing habits, bad breath, bleeding gums, inflamed gums, teeth with mobility, presence of dental plaque and dental calculus, dental caries, generalised attrition, gingival recession, furcation involvement, malaligned teeth, missing teeth, grossly decayed teeth, teeth with pit and fissure caries, children with rampant caries in their milk teeth and improper cleaning of the tongue were observed.

Dr. Ranjan Tripathi Mani Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day to day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many



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Malwanchal University
Indore (M.P.)

people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using natural (ayurvedic) medicines, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", ie untrained people providing "dental care" is almost as serious a problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

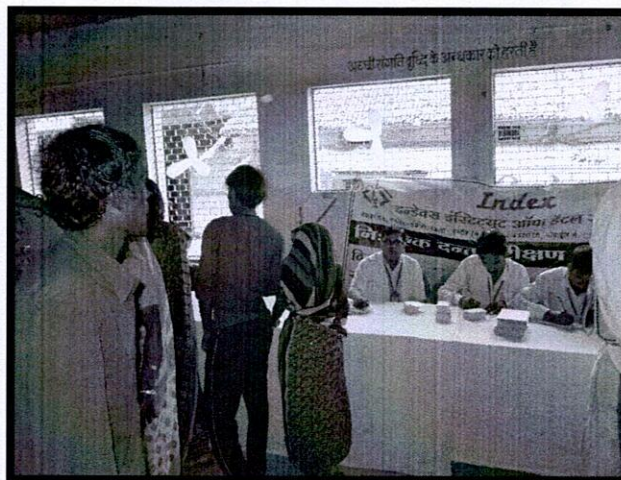
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste two times daily and also to clean tongue by the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively. Patients who required extensive treatment like extraction of teeth, root canal treatment, gingival flap surgery, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, dental implant treatment and pulpectomy were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. Out of 163 screened patients 78 patients were referred for the above mentioned extensive treatment at Index Institute of Dental Sciences, Indore. Team returned to the college premises at 2:15 pm.

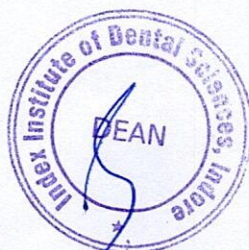
Number of patients screened and required various treatment

Total patients screened	Total patient requiring treatment	Requiring filling	Requiring extraction	Requiring scaling	Requiring any other treatment
163	78	21	11	41	5

Dr Ranjan Mani Tewari



Oral Screening of Patients



QY
 Registrar
 Malwanchal University
 Indore (M.P.)



Oral Screening of Patients

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)

Date: 14th July, 2018

Index Institute of Dental Sciences

Participant List of the Oral Health Screening Camp - Dungariya

S. No.	Name of Participant
1.	Krupa Shroff
2.	Lalita Rajput
3.	M. Sudha
4.	Madhubala Jat
5.	Manisha Choudhury
6.	Manisha Jha
7.	Mohammed Furquan
8.	Mohd. Khaja Mubeenuddin
9.	Monica Roy Chandel

Camp Coordinator



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Indore (M P)



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INSTITUTE OF DENTAL SCIENCES

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2018/46

Date: 21st August, 2018

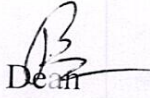
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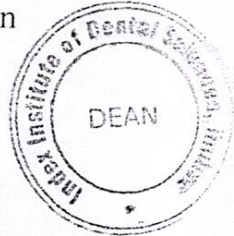
This is to inform that there is an Oral Health Camp at Ashapura on 22/08/2018. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Bhuvnesh Airen

Interns/Students: Mousumi Mukherjee, Namrata Nagar, Neha Mishra, Nimisha Pawar, Varis Safi, Riddhiben Parmar, Suragiben Patel, Namrata Pathak.

MRD: Mr. Anil Chouhan

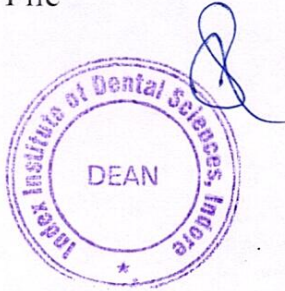

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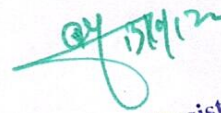


Index Institute of Dental Sciences, Indore

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Email : dental@indexgroup.co.in, **Website :** www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 22nd August, 2018

Index Institute of Dental Sciences

Report of the Oral Health Camp - Ashapura

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Ashapura on 22nd August, 2018. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Bhuvnesh Airen, Interns/Students: Mousumi Mukherjee, Namrata Nagar, Neha Mishra, Nimisha Pawar, Varis Safi, Riddhiben Parmar, Suragiben Patel, Namrata Pathak and MRD- Mr. Anil Chouhan actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:45 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Anil Chouhan for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 9:55 am.

If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD Mr. Anil Chouhan managed the flow of dental instruments and supplies. MRD Mr. Anil Chouhan also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 146 patients were screened and 41 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 50 patients out of 125 screened patients required dental treatment. Out of 50 treated patients, 38 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 10 patients required extraction of their teeth. Where a sum of 4 patients underwent extraction due to loosening of their teeth, 4 patients underwent extraction due to grossly decayed teeth which can't be restored and 2 patients underwent extraction due to retained root stumps in the oral cavity. Total 2 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth,



Registrar
Malwanchal University
Indore (M.P.)

recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/Pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 125 screened patients 32 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:05 pm

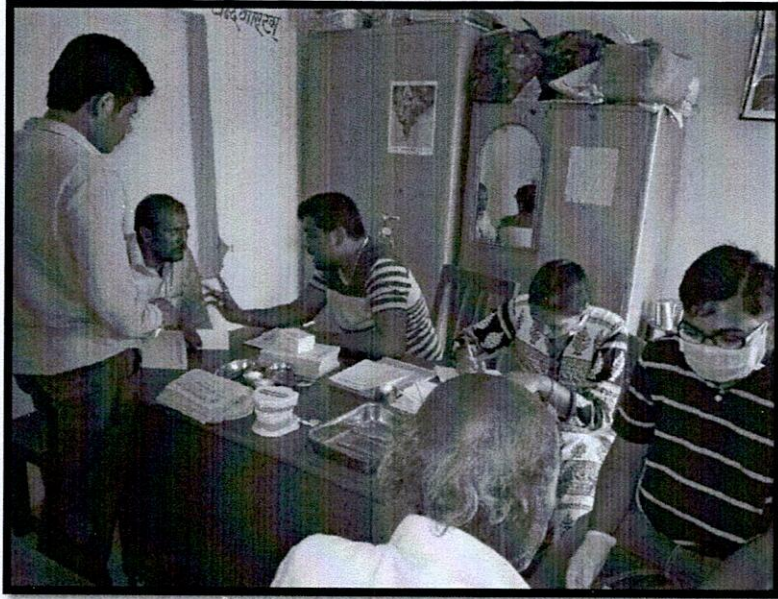
Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
125	50	2	10	3	32

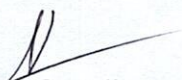


Registrar
Malwanchal University
Indore (M.P.)

*Dr. Ranjan Mani
Tiwari*



Oral Examination of Patients


Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)

Date: 22nd August, 2018

Index Institute of Dental Sciences

Participant List of the Oral Health Camp - Ashapura

S. No.	Name of Participant
1.	Mousumi Mukherjee
2.	Namrata Nagar
3.	Neha Mishra
4.	Nimisha Pawar
5.	Varis Safi
6.	Riddhiben Parmar
7.	Suragiben Patel
8.	Namrata Pathak

Camp Coordinator



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Indore (M P)



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INSTITUTE OF DENTAL SCIENCES

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2018/49

Date: 13th September, 2018

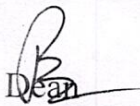
CIRCULAR

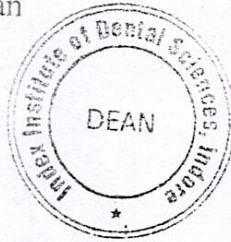
This is to inform that there is an Oral Health Camp at Songuradiya on 14/09/2018. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya

Interns/Students: Suragiben Patel, Namrata Pathak, Mujjafarkhan Nadirkha, Pooja Vishwakarma, Prajna Sangita Mohanta, Priya Jadhav, Priya Yadav, Priyanka Jaiswal

MRD: Mr. Anil Chouhan


Dean



Index Institute of Dental Sciences, Indore

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Index Institute of Dental Sciences

Report of the Oral Health Camp - Songuradiya

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Songuradiya on 14th September, 2018. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Interns/Students: Suragiben Patel, Namrata Pathak, Mujjafarkhan Nadirkha, Pooja Vishwakarma, Prajna Sangita Mohanta, Priya Jadhav, Priya Yadav, Priyanka Jaiswal and MRD- Mr. Anil Chouhan actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:10 am and reached the above mentioned venue at 09:45 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Anil Chouhan for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 9:55 am.

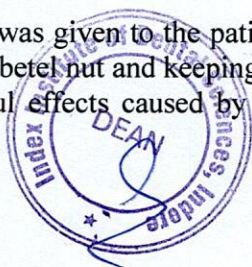
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD- Mr. Anil Chouhan managed the flow of dental instruments and supplies. MRD- Mr. Anil Chouhan also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 153 patients were screened and 49 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 49 patients out of 153 screened patients required dental treatment. Out of 49 treated patients, 31 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 8 patients required extraction of their teeth. Where a sum of 5 patients underwent extraction due to loosening of their teeth, 2 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 10 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth,



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Malwanchal University
Indore (M.P.)

recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 153 screened patients 41 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:00 pm.

Number of patients screened and treatment provided

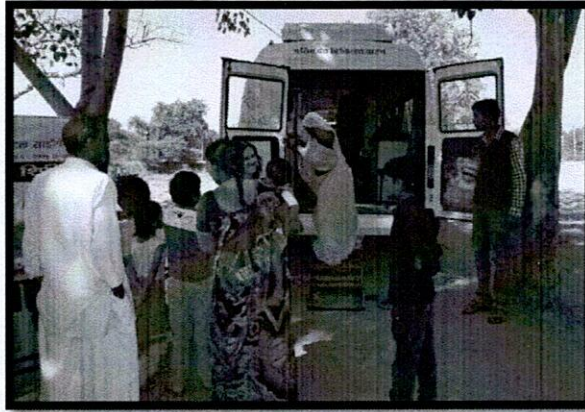
Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
153	49	10	8	31	41



(Handwritten signature in green ink)

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Indore (M.P.)

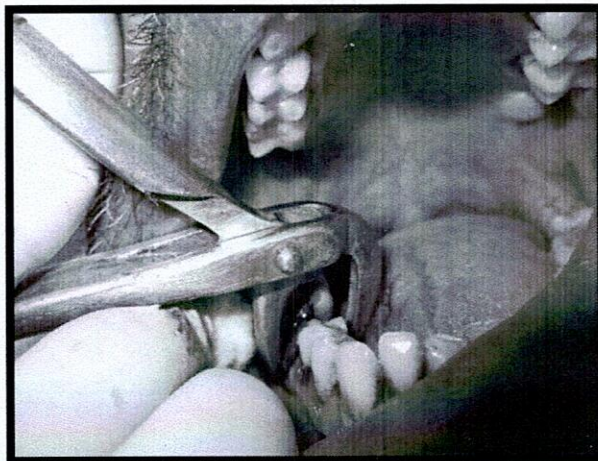
*Dr. Ranjan Mani
Tejpatra*



Patients Waiting for Their Turn for Oral Examination



Tooth Extraction with Elevator



Tooth extraction with Forceps

A handwritten signature in black ink, consisting of a stylized 'A' followed by a long horizontal stroke.

Camp Coordinator



A handwritten signature in green ink, consisting of a stylized 'M' followed by a long horizontal stroke.

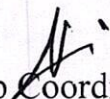
Registrar
Malwanchal University
Indore (M.P.)

Date: 14th September, 2018


Index Institute of Dental Sciences

Participant List of the Oral Health Camp - Songuradiya

S. No.	Name of Participant
1.	Suragiben Patel
2.	Namrata Pathak
3.	Mujjafarkhan Nadirkha
4.	Pooja Vishwakarma
5.	Prajna Sangita Mohanta
6.	Priya Jadhav
7.	Priya Yadav
8.	Priyanka Jaiswal


Camp Coordinator




Registrar
Malwanchal University
Indore (M P)



Index

INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2018/53

Date: 25th October, 2018

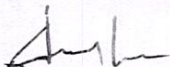
CIRCULAR

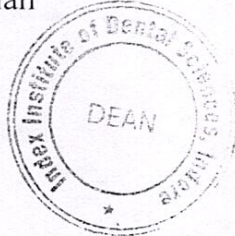
This is to inform that there is an Oral Health Camp at Asrawad Bujurg on 26/10/2018. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya

Interns/Students: Priyanka Kumari, Purva Jaiswal, R. Lalrinzuali, Charan Rachakonda, Radha Yadav, Rahul Sharma, Rajeev Kumar, Dhananjay Kumar Ray, Sagar Thani.

MRD: Mr. Anil Chouhan


Dean




Index Institute of Dental Sciences, Indore

Copy for information to:

- All concerned authorities
- File




Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 26th October, 2018

Index Institute of Dental Sciences

Report of the Oral Health Camp - Asrawad Bujurg

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Asrawad Bujurg on 26th October, 2018. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Interns/Students: Priyanka Kumari, Purva Jaiswal, R. Lalrinzuali, Charan Rachakonda, Radha Yadav, Rahul Sharma, Rajeev Kumar, Dhananjay Kumar Ray, Sagar Thani and MRD- Mr. Anil Chouhan actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:50 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Anil Chouhan for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:05 am.

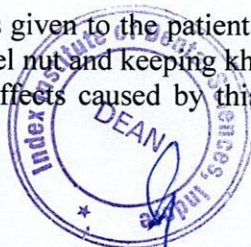
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD Mr. Anil Chouhan managed the flow of dental instruments and supplies. MRD Mr. Anil Chouhan also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 134 patients were screened and 45 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 45 patients out of 134 screened patients required dental treatment. Out of 45 treated patients, 23 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 7 patients required extraction of their teeth. Where a sum of 3 patients underwent extraction due to loosening of their teeth, 2 patients underwent extraction due to grossly decayed teeth which can't be restored and 2 patients underwent extraction due to retained root stumps in the oral cavity. Total 5 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth,



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recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 134 screened patients 46 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:00 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
134	45	5	7	23	46

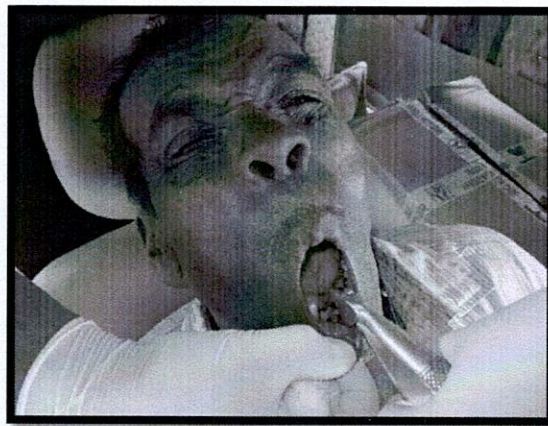


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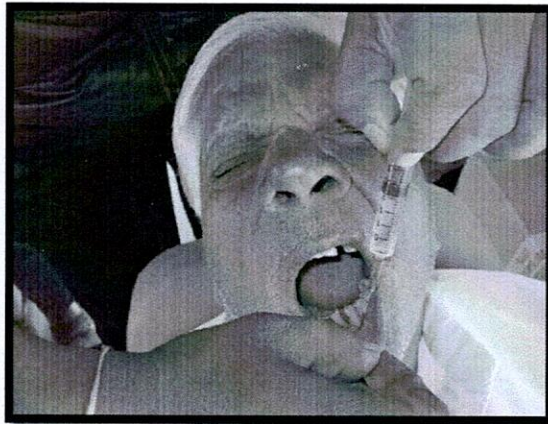
*Dr. Ranjan Mani
Teerpatkhi*



Registration and Oral Examination of Patients



Extraction of Anterior Teeth



Local Anesthesia being Administered before extraction

Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)

Date: 26th October, 2018

Index Institute of Dental Sciences

Participant List of the Oral Health Camp - Asrawad Bujurg

S. No.	Name of Participant
1.	Priyanka Kumari
2.	Purva Jaiswal
3.	R. Lalrinzuali
4.	Charan Rachakonda
5.	Radha Yadav
6.	Rahul Sharma
7.	Rajeev Kumar
8.	Dhananjay Kumar Ray
9.	Sagar Thani


Camp Coordinator




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Indore (M P)



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INSTITUTE OF DENTAL SCIENCES

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& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2018/57

Date: 14th November, 2018

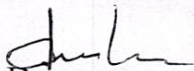
CIRCULAR

This is to inform that there is an Oral Health Camp at Jigar Kheda on 15/11/2018. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Tanvee Paranjpe

Interns/Students: Sagar Thani, Samir Hayat Khan, Santanu Parasara, Sarenba Imchen, Shagufta Shaikh, Shakti Prasad Mangaraj, Jaiky Sharma, Pooja Kumari Sharma.

MRD: MR. Rajendra Thakur


Dean



Index Institute of Dental Sciences, Indore

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Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 15th November, 2018

Index Institute of Dental Sciences

Report of the Oral Health Camp - Jigar Kheda

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Jigar Kheda on 15th November, 2018. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Tanvee Paranjpe, Interns/Students: Sagar Thani, Samir Hayat Khan, Santanu Parasar, Sarenba Imchen, Shagufta Shaikh, Shakti Prasad Mangaraj, Jaiky Sharma, Pooja Kumari Sharma and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:55 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:05 am.

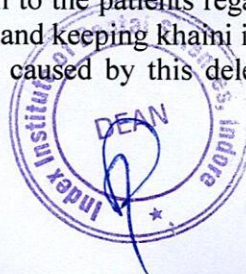
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restotation of the decayed teeth.

MRD Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 146 patients were screened and 41 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 55 patients out of 151 screened patients required dental treatment. Out of 55 treated patients, 34 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 11 patients required extraction of their teeth. Where a sum of 5 patients underwent extraction due to loosening of their teeth, 4 patients underwent extraction due to grossly decayed teeth which can't be restored and 2 patients underwent extraction due to retained root stumps in the oral cavity. Total 10 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth,



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Malwanchal University
Indore (M.P.)

recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 155 screened patients 46 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:10 pm

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
151	55	10		34	46

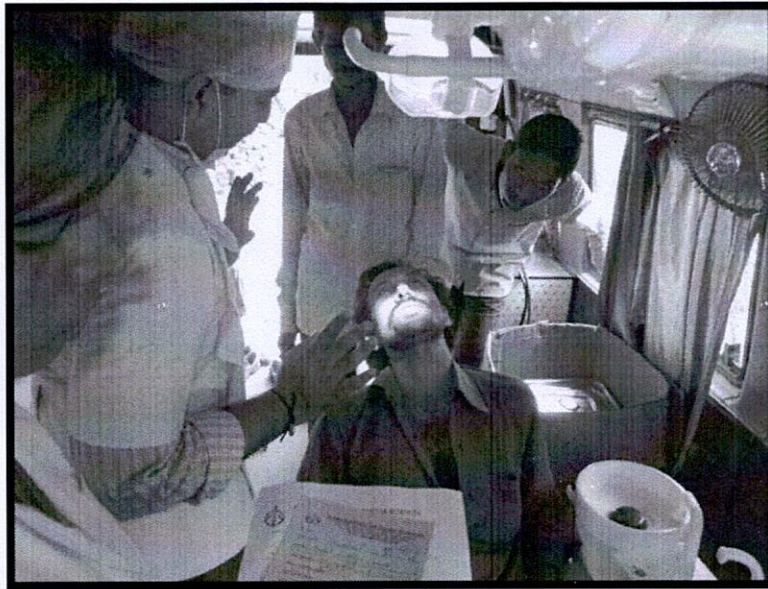


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Dr. Rajan Mani
Tejipatti



Oral Examination of Patient in Mobile Dental Van



Dentist Giving Post- operative Instruction after Tooth Extraction


Camp Coordinator





Registrar
Malwanchal University
Indore (M.P.)

Date: 15th November, 2018

Index Institute of Dental Sciences

Participant List of the Oral Health Camp - Jigar Kheda

S. No.	Name of Participant
1.	Sagar Thani
2.	Samir Hayat Khan
3.	Santanu Parasar
4.	Sarenba Imchen
5.	Shagufta Shaikh
6.	Shakti Prasad Mangaraj
7.	Jaiky Sharma
8.	Pooja Kumari Sharma

Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)



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INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India
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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2018/60

Date: 21st December, 2018

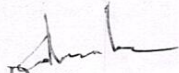
CIRCULAR

This is to inform that there is an Oral Health Camp at Tillor Khurd on 22/12/2018. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya

Interns/Students: Swati Agrawal, Shoib Ahmed Ali, Tasveeda Amin, Vijay Patel, Vikram Yadav, Vishal Dhakad, Vivek Jaiswal, Yashee Tiwari, Yogendra Singh, Yogita Solanki

MRD: Mr. Anil Chouhan, Mr. Rajendra Thakur


Dean



Index Institute of Dental Sciences, Indore

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- File




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Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 22nd December, 2018

Index Institute of Dental Sciences

Report of the Oral Health Camp - Tillor Khurd

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Tillor Khurd on 22nd December, 2018. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Interns/Students: Swati Agrawal, Shoib Ahmed Ali, Tasveeda Amin, Vijay Patel, Vikram Yadav, Vishal Dhakad, Vivek Jaiswal, Yashee Tiwari, Yogendra Singh, Yogita Solanki and MRD- Mr. Anil Chouhan, Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:15 am and reached the above mentioned venue at 09:50 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Anil Chouhan for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:10 am.

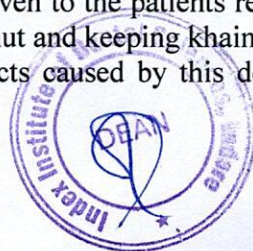
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD Mr. Anil Chouhan managed the flow of dental instruments and supplies. MRD Mr. Anil Chouhan also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

Dr. Ranjan Mani Tripathi A total of 147 patients were screened and 51 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 51 patients out of 147 screened patients required dental treatment. Out of 51 treated patients, 26 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 12 patients required extraction of their teeth. Where a sum of 6 patients underwent extraction due to loosening of their teeth, 5 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 13 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth,



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Indore (M.P.)

recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

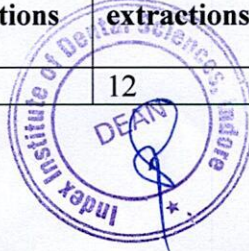
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 147 screened patients 38 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:15 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
147	51	13	12	26	38



Registrar
Malwanchal University
Indore (M.P.)

Dr. Ranjan Mani
Tejpatil



Team Conducting Oral Health Camp

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)

Date: 22nd December, 2018

Index Institute of Dental Sciences

Participant List of the Oral Health Camp - Tillor Khurd

S. No.	Name of Participant
1.	Swati Agrawal
2.	Shoib Ahmed Ali
3.	Tasveeda Amin
4.	Vijay Patel
5.	Vikram Yadav
6.	Vishal Dhakad
7.	Vivek Jaiswal
8.	Yashee Tiwari
9.	Yogendra Singh
10.	Yogita Solanki

Camp Coordinator




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Indore (M.P.)



Index

INSTITUTE OF DENTAL SCIENCES

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2019/04

Date: 17th January, 2019

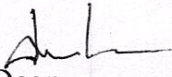
CIRCULAR

This is to inform that there is a Disease Awareness and Treatment Camp at Chainpura on 18/01/2019. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Sagar Thani

Interns/Students: Alicia Lalropuii, Amit Patel, Aneasha Angel M, Ankit Garg, Annu, Anshuman Vyas, Arif Khan, Attri Dixit, Biswajit Kundu.

MRD: Mr. Rajendra Thakur


Dean



Index Institute of Dental Sciences, Indore

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Malwanchal University
Indore (M.P.)

Date: 18th January, 2019

Index Institute of Dental Sciences

Report of the Disease Awareness and Treatment Camp - Chainpura

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Chainpura on 18th January, 2019. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Sagar Thani, Interns/Students: Alicia Lalropuii, Amit Patel, Aneesha Angel M, Ankit Garg, Annu, Anshuman Vyas, Arif Khan, Attri Dixit, Biswajit Kundu and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:40 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 9:50 am.

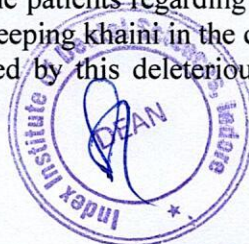
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 124 patients were screened and 47 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 47 patients out of 124 screened patients required dental treatment. Out of 47 treated patients, 25 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 13 patients required extraction of their teeth. Where a sum of 5 patients underwent extraction due to loosening of their teeth, 5 patients underwent extraction due to grossly decayed teeth which can't be restored and 3 patients underwent extraction due to retained root stumps in the oral cavity. Total 9 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth,



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Indore (M.P.)

Dr. Ranjan Mani
Tripathi

recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Mani Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 124 screened patients 42 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:00 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
124	47	9	13	25	42




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 Indore (M P)

Dr. Ranjan Tripathi



Screening and Treatment of Pediatric Patients and Villagers.

Camp Coordinator



Registrar
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Indore (M.P.)

Date: 18th January, 2019

Index Institute of Dental Sciences

**Participant List of the Disease Awareness and Treatment Camp -
Chainpura**

S. No.	Name of Participant
1.	Alicia Lalropuii
2.	Amit Patel
3.	Aneesha.Angel M
4.	Ankit Garg
5.	Annu
6.	Anshuman Vyas
7.	Arif Khan
8.	Attri Dixit
9.	Biswajit Kundu

Camp Coordinator




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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2019/09

Date: 11th Febuary, 2019

CIRCULAR

This is to inform that there is a Disease Awareness and Treatment Camp at Sannod on 12/02/2019. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya

Interns/Students: Adama Kanoje, Afreen Khan, Anshuman Vyas, Arif Khan, Attri Dixit, Biswajit Kundu, Charitha Byreddy

MRD: Mr. Rajendra Thakur

Dean

Index Institute of Dental Sciences, Indore



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04/13/19/12
Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 12th February, 2019

Index Institute of Dental Sciences

Report of the Disease Awareness and Treatment Camp - Sannod

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Sannod on 112th February, 2019. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Interns/Students-Adamyia Kanoje, Afreen Khan, Anshuman Vyas, Arif Khan, Attri Dixit, Biswajit Kundu, Charitha Byreddy and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:55 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:05 am.

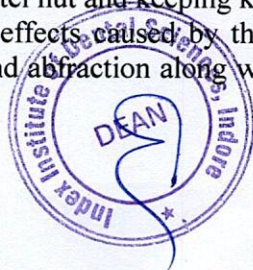
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

Dr. Ranjan Mani Tripathi A total of 139 patients were screened and 50 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 50 patients out of 139 screened patients required dental treatment. Out of 50 treated patients, 28 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 9 patients required extraction of their teeth. Where a sum of 5 patients underwent extraction due to loosening of their teeth, 1 patient underwent extraction due to grossly decayed teeth which can't be restored and 3 patients underwent extraction due to retained root stumps in the oral cavity. Total 13 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation



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Indore (M.P.)

of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

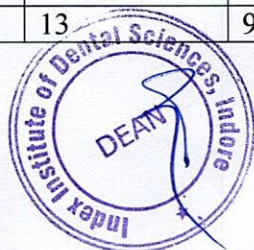
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 139 screened patients 43 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:05 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
139	50	13	9	28	43



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Registrar
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Indore (M.P.)

*Dr. Ranjan Mani
Tejpatil*



Screening and Oral Examination



Pediatric Patients Receiving Dental Treatment

Camp Coordinator



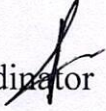
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Indore (M.P.)

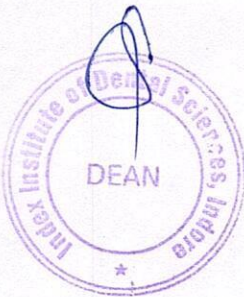
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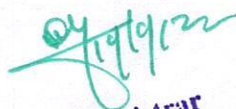
Index Institute of Dental Sciences

Participant List of the Disease Awareness and Treatment Camp - Sannod

S. No.	Name of Participant
1.	Adamyra kanoje
2.	Afreen khan
3.	Anshuman Vyas
4.	Arif Khan
5.	Attri Dixit
6.	Biswajit Kundu
7.	Charitha Byreddy

Camp Coordinator 




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Ref. No.: IIDS/Misc.Camp/2019/13

Date: 10th March, 2019

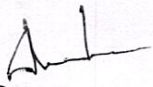
CIRCULAR

This is to inform that there is a Disease Awareness and Screening Camp at Dhamnay on 11/03/2019. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Nitin Das

Interns/Students: Alicia Lalropuii, Amit Patel, Aneesha Angel M, Ankit Garg, Annu, Anshuman Vyas, Arif Khan, Attri Dixit

MRD: Mr. Rajendra Thakur

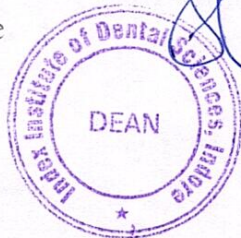

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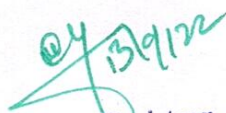
Index Institute of Dental Sciences, Indore



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Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, **Website :** www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 11th March, 2019

Index Institute of Dental Sciences

Report of the Disease Awareness and Screening Camp - Dhamnay

A free dental check up camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Dhamnay on 11th March, 2019. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr Rahul Ganavadiya, Dr. Nitin Das, Interns/Students: Alicia Lalropuii, Amit Patel, Aneesha Angel M, Ankit Garg, Annu, Anshuman Vyas, Arif Khan, Attri Dixit and MRD- Mr Rajendra Thakur actively participated. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured we arrived safely and kept an eye out for photogenic rest stops. The team left Dental College premises at 09:15 am and reached the above mentioned venue at 10:00 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration area, which was managed by two intern dentists. After registration patients were sent to the screening area where two intern dentist along with senior dentist Dr. Ranjan Mani Tripathi, who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental camp. Screening of the patients at the camp site started at 10:10 am.

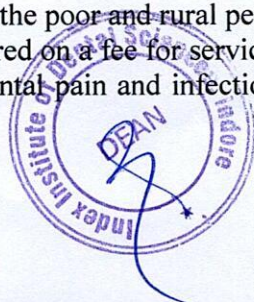
A total of 161 patients were screened in the camp. On oral examination poor oral hygiene, improper brushing habits, bad breath, bleeding gums, inflamed gums, teeth with mobility, presence of dental plaque and dental calculus, dental caries, generalised attrition, gingival recession, furcation involvement, malaligned teeth, missing teeth, grossly decayed teeth, teeth with pit and fissure caries, children with rampant caries in their milk teeth and improper cleaning of the tongue were observed.

4
Dr. Ranjan Mani Tripathi
Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day to day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with



Registrar
Malwanchal University
Indore (M.P.)

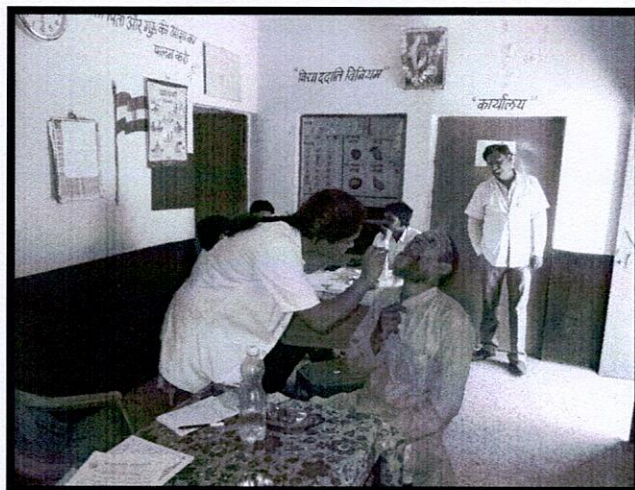
this by using natural (ayurvedic) medicines, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", ie untrained people providing "dental care" is almost as serious a problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste two times daily and also to clean tongue by the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively. Patients who required extensive treatment like extraction of teeth, root canal treatment, gingival flap surgery, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, dental implant treatment and pulpectomy were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. Out of 161 screened patients 82 patients were referred for the above mentioned extensive treatment at Index Institute of Dental Sciences, Indore. Team returned to the college premises at 2:05 pm.

Number of patients screened and required various treatment


Total patients screened	Total patient requiring treatment	Requiring filling	Requiring extraction	Requiring scaling	Requiring any other treatment
161	82	20	13	41	8



Oral Examination


Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)

Date: 11th March, 2019

Index Institute of Dental Sciences

Participant List of the Disease Awareness and Screening Camp - Dhamnay

S. No.	Name of Participant
1.	Alicia Lalropuii
2.	Amit Patel
3.	Aneesha Angel M
4.	Ankit Garg
5.	Annu
6.	Anshuman Vyas
7.	Arif Khan
8.	Attri Dixit

Camp Coordinator



Registrar
Malwanchal University
Indore (M P)



Index

INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2019/15

Date: 23rd April, 2019

CIRCULAR

This is to inform that there is a Disease Awareness and Treatment Camp at Rupeta on 24/04/2019. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Tanvee Paranjape

Interns/Students: C. Lalmanpuia, Chhaya Bhatiya, Debasruti Mitra,, Deepa Yadav, Deepansha Pokhriyal, Deepti Takhelmayum, Dinesh Salitra

MRD: Mr. Rajendra Thakur



[Signature]
Dean

Index Institute of Dental Sciences, Indore

Copy for information to:

- All concerned authorities
- File



[Signature]
Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 24th April, 2019

Index Institute of Dental Sciences

Report of the Disease Awareness and Treatment Camp - Rupeta

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Rupeta on 24th April, 2019. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Tanvee Paranjape, Interns/Students: C. Lalmuanpuia, Chhaya Bhatiya, Debasruti Mitra., Deepa Yadav, Deepansha Pokhriyal, Deepti Takhelmayum, Dinesh Salitra and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:40 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 9:55 am.

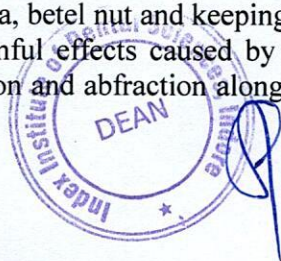
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 128 patients were screened and 52 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 52 patients out of 128 screened patients required dental treatment. Out of 52 treated patients, 33 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 9 patients required extraction of their teeth. Where a sum of 6 patients underwent extraction due to loosening of their teeth, 2 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 10 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation



Registrar
Malwanchal University
Indore (M.P.)

of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 128 screened patients 44 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:00 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
128	52	10	9	33	44



Handwritten signature in green ink.

Registrar
Malwanchal University
Indore (M.P.)

*Dr. Ranjan Mani
Tejpathi*



Screening and Oral Examination

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)

Date: 24th April, 2019

Index Institute of Dental Sciences

Participant List of the Disease Awareness and Treatment Camp - Rupeta

S. No.	Name of Participant
1.	C. Lalmuanpuia
2.	Chhaya Bhatiya
3.	Debasruti Mitra
4.	Deepa Yadav
5.	Deepansha Pokhriyal
6.	Deepti Takhelmayum
7.	Dinesh Salitra

Camp Coordinator



19/4/22
Registrar
Malwanchal University
Indore (M.P.)



Index

INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India
& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/ 2019/19

Date: 23rd May, 2019

CIRCULAR

This is to inform that there is a Disease Awareness and Treatment Camp at Gari Pipalya on 24/05/2019. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Rahul Ganavadiya, Dr. Nitin Das

Interns/Students: Chhaya Bhatiya, Debasruti Mitra, Deepa Yadav, Deepansha Pokhriyal, Deepti Takhelmayum, Dinesh Salitra, F. Lalruatpui

MRD: Mr. Rajendra Thakur

Dean
Index Institute of Dental Sciences, Indore

Copy for information to:

All concerned authorities
File



Prepared by: Dr. Ranish Mani Tripathi

[Handwritten signature]
10/10/19

Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 24th May, 2019

Index Institute of Dental Sciences

Report of the Disease Awareness and Treatment Camp - Gari Pipalya

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Gari Pipalya on 24th May, 2019. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Rahul Ganavadiya, Dr. Nitin Das, Interns/Students- Chhaya Bhatiya, Debasruti Mitra, Deepa Yadav, Deepansha Pokhriyal, Deepti Takhelmayum, Dinesh Salitra, F. Lalruatpuii and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:10 am and reached the above mentioned venue at 09:50 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:00 am.

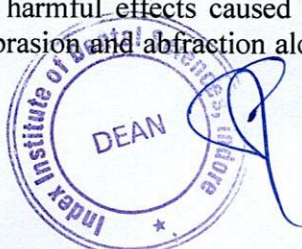
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 148 patients were screened and 56 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 56 patients out of 148 screened patients required dental treatment. Out of 56 treated patients, 38 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 7 patients required extraction of their teeth. Where a sum of 3 patients underwent extraction due to loosening of their teeth, 2 patients underwent extraction due to grossly decayed teeth which can't be restored and 2 patients underwent extraction due to retained root stumps in the oral cavity. Total 7 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation




Registrar
Malwanchal University,
Indore (M.P.)

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Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

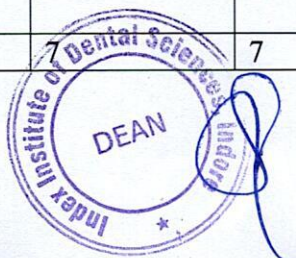
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

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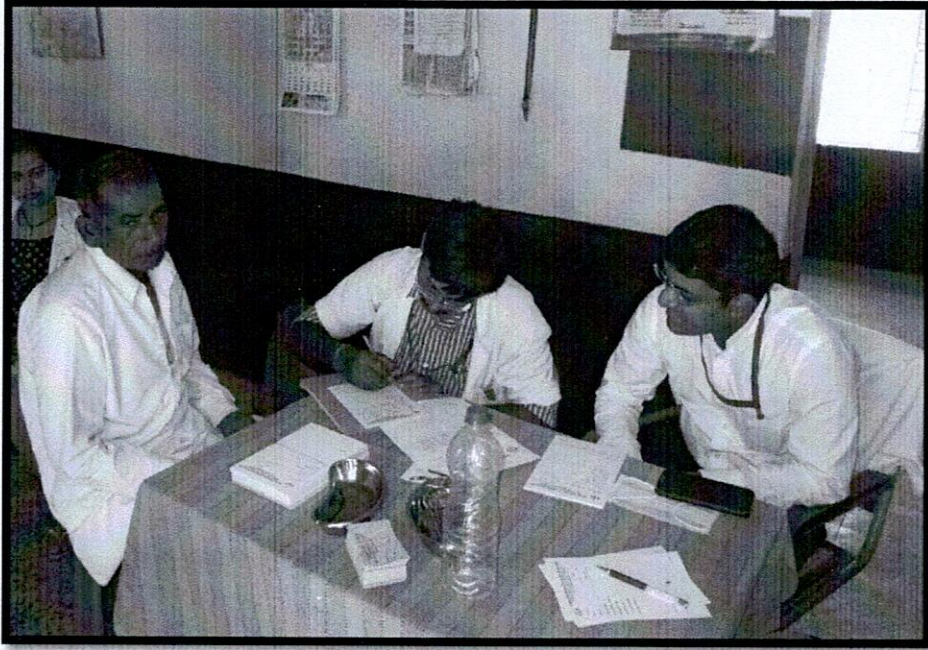
Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
148	56	7	7	38	33



[Signature]
 Registrar
 Malwanchal University
 Indore (M.P.)

*Dr. Ranjan Mani
 Tejpal*

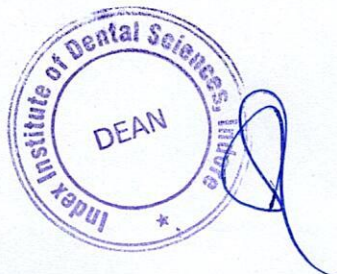


Counselling of Patient for Dental Treatment



Oral Examination

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)

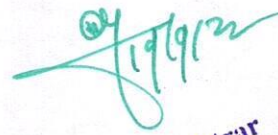
Date: 24th May, 2019

Index Institute of Dental Sciences

**Participant List of the Disease Awareness and Treatment Camp - Gari
Pipalya**

S. No.	Name of Participant
1.	Chhaya Bhatiya
2.	Debasruti Mitra
3.	Deepa Yadav
4.	Deepansha Pokhriyal
5.	Deepti Takhelmayum
6.	Dinesh Salitra
7.	F. Lalruatpuii

Camp Coordinator



**Registrar
Malwanchal University
Indore (M P)**



Index

Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/ 001

Date: 06/01/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **07th January, 2018 (Sunday)** (Day) scheduled between **10:00 a.m to 4:30 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:30 a.m. sharp.

Venue: Baal Vikas Vidhyalaya, Lohagate Gali no. 1, Chandan Nagar, Indore

Signature of  Medical Superintendent
IMCHRC

Seal

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File


Registrar
Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 06/01/2018

CAMP ORDER

There will be Health Check-up Camp on **07th January, 2018 (Sunday)** scheduled between **10:00 AM to 04:00 PM**.

Bus will depart from Index Hospital at **08:30 AM**.

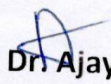
Venue –Baal Vikas Vidhalaya Lohagate Gali No.1 Chandan Nagar, Indore (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Santosh	Medicine	7898425923
2.	Dr. Namrata (Intern)	Medicine	
3.	Dr. Vinod Soni	Orthopedics	8871792646
4.	Dr. Unnati Bamniya (Intern)	Orthopedics	7869941410
5.	Dr. Pranita Tiwari	Surgery	7224828758
6.	Dr. Dhara Shah (Intern)	Surgery	
7.	Dr. Ambica	Ophthalmology	7747898590
8.	Dr. Yatendra Singh Rawat (Intern)	Ophthalmology	8463888797
9.	Dr. Saket Bansal	E.N.T.	7389229000
10.	Dr. Sachin Patel (Intern)	Pediatrics	8349982037
11.	Dr. Vrajesh (Intern)	Pediatrics	7869055379
12.	Dr. Surbhi Gupta	Obs. & Gyn.	9179969255
13.	Dr. Chidaksha	Obs. & Gyn.	8349525630
14.	Dr. Saket	Skin	9893009250
15.	Dr. Sagar Mudgal	Psychiatry	7024938209


Registrar
Malwanchal University
Indore (M.P.)

Medical Superintendent
IMCHRC


Dr. Ajay Joshi
Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/01(A)

Date: 09/01/2018

Report of the General Health Check –up camp

Year of Camp – 2018

Date of Health Camp – 07/01/2018

Name of the Activity – General Health Check –up camp

Organizing unit/Agency/Collaborating Agency – Shri Sai Surjani Health and Educational Society and Index Medical College Hospital & Research Centre, Indore

Numbers of Students Participated in such Activities – 16

Number of faculties participated in such activities – 1

Total no. of OPD – 500

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Psychiatry

Details of the Camp Organized:

A free medical health check up visit was organized by the faculty members & students of Index Medical College Hospital & Research Centre in association with **Baal Vikas Vidhalaya Lohagate Gali No.1 Chandan Nagar, Indore (M.P.)**. A visit to the Government Secondary School at Chandan Nagar was organised by the P.Gs & Interns of Index Medical College. The Interns & P.Gs reached the venue by 10:00 a.m to observe the facilities and activities of the school, interact with the students and answer any queries they had. College buses were provided for their transport which reached destination at 10:00 a.m. Interns attended the morning assembly and divided themselves into pairs and attended the classes of the students. After scheduled lunch break, all the students were brought to the playground so that interns could talk to them about medical issues that are faced by their age groups.

Brief report on completion of Activities:



Registrar
Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC


Index Medical College conducted school visit on 7th January, 2018. Students accompanied by two faculty members of the Department of Community Medicine made the visit. Interns took a round of the school campus and made an inventory of all the facilities available to the students. They paid special attention to the first aid room and training of the nurse in the medical room for the school. Interns also attended the morning assembly conducted at the school and gave a short speech on Hygiene in Daily Life. This speech emphasized on the importance of various small practices that the students could easily adopt to be adequately healthy and hygienic. Common mistakes that can pose a risk to the health of an individual were reiterated. After the assembly, interns paired themselves into groups of two and attended the classes with students. Here they observed the teaching methods of the teachers, props used by them and the facilities made available to the students for a comfortable learning session. A note of the ratio of male and female students, availability of sufficient benches, blackboard, entry of adequate sunlight and proper ventilation was made for each class. Next on the agenda was an informal talk with the students - especially the females, regarding the problems they faced and their easy solutions if possible were suggested to them. For this, interns asked the students to write down their problems and submit them in a box during the lunch break. After the break was over, students were asked to gather once again in the assembly ground where they were given *daris* to sit on. Interns then pulled out the anonymous chits and read them one by one, imparting required knowledge simultaneously until the query was resolved.

Students were concerned about a variety of issues they faced at school, home, and among their peers. Common misconceptions prevailing among the students were cleared. Further their questions & queries were answered and among them a few students were asked to talk about their entire experience with the interns. Topics like keeping their food covered, washing fruits and vegetables before use, adopting hygienic practices to cook food, proper sanitary habits, daily baths and hazards of unhygienic conditions were discussed in detail with the students. An interactive session about different problems faced by girls was then conducted. Females were encouraged to attend school regularly, eat nutritious food, monitor their health and seek medical help at appropriate times. Further, all the students were given demonstration of simple hygiene practices including the proper way of washing hands, coughing/sneezing with mouths covered, brushing their teeth, etc were also given by the students.

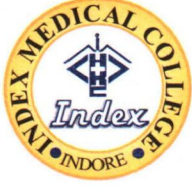
In this way, at the end of the day, students were motivated to adopt a better and healthier lifestyle, promising to follow the teachings of interns. By 4.00 pm in the evening the Students returned to the college after a successful health and hygiene intervention at the school. In the short span of around six hours, 500 children beneficiaries in the age group between 0-14 years among the total OPD reported for today were benefitted by the advice and regular physical examination by the doctors who visited their School. The School visit could be successfully completed only with the support of staff, faculty and organizers.


Signature and Seal
Dean / Medical Superintendent

Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC



Index

Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/002

Date: 23/01/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **26th January, 2018 (Friday)** (Day) scheduled between **10:00 a.m to 4:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:30 a.m. sharp.

Venue: Committee Hall, Shiv Mandir Rafeli, Bhagirathpura, Indore

Signature of Dean/Medical Superintendent

Seal

Copy to:

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- Dean, IMCHRC
- Registrar
- Head, Marketing Department
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Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 23/01/2018

CAMP ORDER

There will be Health Check-up Camp on **26th January, 2018 (Friday)** scheduled between **10:00 AM to 04:00 PM**. Bus will depart from Index Hospital at **08:30 AM**.


Venue –Committee Hall, Shiv Mandir Rafeli, Near Laxmi Bai Railway Station, Bhagirathpura, Indore (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Santosh	Medicine	7898425923
2.	Dr. Praveen Sharma	Medicine	9752106618
3.	Dr. Tushaar	Orthopedics	9981240613
4.	Dr. Unatti Bamniya	Orthopedics	
5.	Dr. Kinjal Tala	Orthopedics	8128208337
6.	Dr. Swarnima Upadhaya	Surgery	9630765319
7.	Dr. Paras Sharma	Surgery	7389702107
8.	Dr. Vimlesh Choyal	Ophthalmology	7415107505
9.	Dr. Manas	Ophthalmology	8349983019
10.	Dr. Anand Sharma	E.N.T.	7477262878
11.	Dr. Saurabh Vijay	E.N.T.	9540301440
12.	Dr. Newton Ghosh	Pediatrics	9179160646
13.	Dr. Lookman Mamji	Pediatrics	9589524526
14.	Dr. Kurpali Rai	Obs. & Gyn.	8349228851
15.	Dr. Ghanendra Gritesh	Obs. & Gyn.	9630363931
16.	Dr. Subhash Choudhary	Skin & VD	8103690264


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Indore (M.P.)


Medical Superintendent
IMCHRC


Dr. Ajay Joshi
Medical Superintendent

**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)**

Ref. No. : IMCHRC/MR/2018/02(A)

Date: 27/01/2018

Report on Community Health Check-up Initiatives

Year of Camp – 2018

Date of Health Camp – 26/01/2018

Name of the Activity – Community Health check-up Initiatives

Organizing unit/Agency/Collaborating Agency – Shri Sai Surjani Health and Educational Society
and Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 20

Number of faculties participated in such activities – 02

Total no. of IPD – 40

Total no. of OPD – 300

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. T.B & Chest

Details of the Camp Organized: Camp was organized at **Committee Hall, Shiv Mandir Rafeli, Near Laxmi Bai Railway Station, Bhagirathpura**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 08:30 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated by local representative and screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.

- Given prescription for suitable medication and provided some medication for immediate use
- Referred to our hospital for further diagnosis, surgery or treatment
- Referred to nearest hospital for immediate treatment and care

The team for camp constituted of P.G. residents. They screened the young students for refractive error, scabies, vitamin A deficiency and nutrition of children and also height and weight of children


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Indore (M.P.)


Medical Superintendent
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were also measured. The vision of the children was measured by using snellen's chart. Those having vision less than 6/6 were referred to IMCHRC.

Brief report on completion of Activities:

Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment.

1. Visual acuity test – by using snellen's chart
2. Provided Vitamin A supplementation to the students having Bitot's spots.
3. Awareness about proper nutrition and hygiene.

The prime objective of this camp was to make awareness among people regarding their health and common diseases. The local people were provided with valuable information regarding uses, misuse, of antibiotics. They also suggested the patients to increase intake of edibles that contains minerals, vitamins and fibers like fresh fruits & vegetables. The team members of hospital including physician, dentist, gynecologist and other P.G students of different specialties at the health camp examined and discussed various health issues with patients arrived at the camp. Free physical examination along with free blood sugar, blood pressure tests were conducted by doctors. They advised the patients with various medicines and consultation during the camp.

People were educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

The healthcare condition among the poor is pathetic. These people lack in quality healthcare due to increased cost, lack of doctors and medicines. Healthcare camps are the only hope for the poor people who cannot afford to pay for expensive treatments or medicines. Therefore patients are treated with proper care, love, and respect in the camps. There is no discrimination done at any stage of treatment. Healthcare camps are the only hope for the unprivileged community where their problems are heard and resolved with respect and dignity.

For this health camp, total number of OPDs reported is 300 and total no. of IPDs reported is 40. Camp was successfully organized and co-ordinated by faculty of Index medical college. Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 4:00 p.m. with great success.


Signature and Seal

Dean/Medical Superintendent

Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Date: 17/02/2018

Ref no. IMCHRC/MR/2018/ 003

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on 19th February, 2018 (Friday) (Day) scheduled between 12:00 a.m to 4:00 p.m (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 10:00 a.m. sharp.

Venue: Swasthaya Prathmic Kendra, Kusmaniya

Medical Superintendent
IMCHRC

Signature of Dean, Medical Superintendent

Seal

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Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 17/02/2018

CAMP ORDER

There will be Health Check-up Camp on 19th February, 2018 (Monday) scheduled between 12:00 PM to 04:00 PM.

Bus will depart from Index Hospital at 10:00 AM.

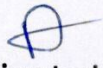
Venue – Swasthaya Prathmic Kendra, Kusmaniya (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Monika (Intern)	Medicine	9630879127
2.	Dr. Paras (Intern)	Orthopedics	9755407928
3.	Dr. Lookman Mamji (Intern)	Orthopedics	9589524526
4.	Dr. Sheshmani Upadhaya (Intern)	Surgery	8085603072
5.	Dr. Vishal Verma (Intern)	Surgery	9993100258
6.		Ophthalmology	
7.	Dr. Newton Ghosh	Pediatrics	9179160646
8.	Dr. Subhashish (Intern)	Pediatrics	9993855167
9.	Dr. Awinash Chandra (Intern)	Obs. & Gyn.	7869248070
10.	Dr. Tanya Jain (Intern)	Obs. & Gyn.	7824671460


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Indore (M.P.)

Medical Superintendent
IMCHRC


Dr. Ajay Joshi

Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/03(A)

Date: 20/02/2018

Report on Diabetes Check-up Camp

Year of Camp – 2018

Date of Health Camp – 19/02/2018

Name of the Activity – Diabetes Check-up Camp

Organizing unit/Agency/Collaborating Agency – Shri Sai Surjani Health and Educational Society and Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 05

Number of faculties participated in such activities – 01

Total no. of IPD – 40

Total no. of OPD – 250

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

A free health camp was organized by Index Medical College & Hospital. This camp was organized at Swasthaya Prathmic Kendra, Kusmaniya (M.P). Faculty, Interns & P.G. students of Index Medical College reached the venue and examined the patients arrived for free consultation for their problems. All the staff along with required accessories and medications left the hospital premise in the morning at 10:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated at scheduled time of 12:00 p.m by **Sachidanand shri Sai Lok Kalyan Samiti** and after inauguration screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.

Brief report on completion of Activities:

Index Medical College Hospital & Research Centre conducted “Diabetes Check up Camp” on 19th February 2018. All the faculty, Staff and Workers have been part of this program. 14th November is


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celebrated as the World Diabetes day every year. World Diabetes Day (WDD) was created in 1991 by IDF and the World Health Organization in response to growing concerns about the escalating health threat posed by diabetes. It is marked every year on 14 November, the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922. The camp drew attention to issues of paramount importance to the diabetes and health issues related to diabetes firmly to the public who visited the camp.

The diabetes camp consisted of many planned activities including medical education lectures, discussions provided by diabetes educators, dieticians, physicians and exercise educators. Blood glucose was tested for each camper. All participants kept individual records about their food choices, physical activity, and blood glucose levels and received counseling if their blood glucose level was off-target. The participants were asked to keep a diabetes diary and write a daily list of goals or promises about diabetes self-management before bed. For patients using insulin, instructions were given how to adjust the insulin dose before each meal. There were physicians who supervised the participants for their actions during medical emergency.

The Diabetes Check-up Camp aimed at:

- Explaining in detail on signs and symptoms of diabetes, risk factors, management and its prevention
- To promote the importance of taking coordinated and concerted actions to confront diabetes as a critical global health issue
- The campaign is represented by a blue circle logo, global symbol for diabetes awareness. It signifies the unity of the global diabetes community in response to the diabetes epidemic.

Most other patients who attended the camp had cough/cold, suffered with gastric troubles and arthralgia. The doctors advised precautions, exercises and prescribed medication for the same. They also suggested the patients to increase intake of edible that contain minerals, vitamins and fibers like fresh fruits, vegetables etc.

Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 4:00 p.m. with great success. Students were highly motivated and encouraged by their teachers from respective department.



Signature and Seal

Dean/Medical Superintendent

Medical Superintendent
IMCHRC



Medical Superintendent
IMCHRC



Registrar
Malwanchal University
Indore (M P)



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Date: 24/02/2018

Ref no. IMCHRC/MR/2018/004

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **25th February, 2018 (Friday)** (Day) scheduled between **10:00 a.m to 4:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Sai Mandir, Nanda Nagar, Indore

Medical Superintendent
IMCHRC

Signature of Dean/Medical Superintendent

Seal

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- Registrar
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Registrar
Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 24/02/2018

CAMP ORDER

There will be Health Check-up Camp on 25th February, 2018 (Sunday) scheduled between 10:00 AM to 04:00 PM. Bus will depart from Index Hospital at 09:00 AM.


Venue – Sai Mandir Nanda Nagar, Indore (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Rahul Kulthiya (Intern)	Medicine	9752998807
2.	Dr. Sukriti Sinha (Intern)	Orthopedics	9993087963
3.	Dr. Avinash (Intern)	Surgery	7024675379
4.	Dr. Dinesh Puniya (Intern)	Surgery	9993289868
5.	Dr. Sanjana Patil (Intern)	Ophthalmology	7000764998
6.	Dr. Ketul Chandhari (Intern)	ENT	9755407853
7.	Dr. Rutuja Shirbhate (Intern)	ENT	9179079259
8.		Psychiatry	
9.	Dr. Rajat Patidar	Pediatrics	9425977822
10.	Dr. Babita Singh (Intern)	Pediatrics	7898135177
11.	Dr. Yugandhara Patade (Intern)	Obs. & Gyn.	7389813831
12.	Dr. Srajit Singh (Intern)	Obs. & Gyn.	9826274300
13.	Dr. Saket	Skin	9893009250


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Indore (M.P.)

Medical Superintendent
IMCHRC


Dr. Ajay Joshi
Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/04(A)

Date: 26/02/2018

Report on Health Education Activity

Year of Camp – 2018

Date of Health Camp – 25/02/2018

Name of the Activity – Health Education Activity

Organizing unit/Agency/Collaborating Agency – Shri Sai Surjani Health and Educational Society and Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 11

Number of faculties participated in such activities – 01

Total no. of IPD – 50

Total no. of OPD – 400

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. T.B & Chest

Details of the Camp Organized:

Camp was organized at Sai Mandir Nanda Nagar, Indore (M.P). All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. A screening health camp was organized with the help of faculty of PSM department, P.G. residents of OBG & PSM and PG's from Pathology, Lab technician & pharmacist for diagnosis of anemic patients. It was organized for adolescent girls, women of reproductive age, pregnant woman for the purpose of screening of anemia with the help of sahli's Hb meter.

Brief report on completion of Activities:

The prime objective of this camp was to make awareness among people regarding their health and common diseases. The local people were provided with valuable information regarding uses, misuse, the optimum doses to be taken and the overall effects of antibiotics. Free physical examination along


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Indore (M.P.)

Superintendent
IMCHRC

with free blood sugar, blood pressure tests were conducted by doctors. History collection including Oxygen saturation, Temperature, Pulse, Blood Pressure was taken by students of the people who arrived in the camp. They advised the patients with various medicines and consultation during the camp. They also suggested the patients to increase intake of edibles that contains minerals, vitamins and fibers like fresh fruits & vegetables. After screening, team found most of the vulnerable group is reproductive age woman of 15-45 year and pregnant woman the value was as low as 11 gm/dl of Hb then the normal level after screening team advice the people for intake of Iron rich food such as jaggery, fruits, apple, date's carrot beet root & leafy vegetables pregnant woman were provided with Fe folic acid tablets.

Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment. Most of them suffered with myopic eye defect and the ones crossing the age of 65 were diagnosed with cataract problems. Patients were advised to go for cataract operation as soon as possible as these facilities are available at Index Medical college Hospital & Research Centre as well and can get discount for surgery if they register in the camp. People were also educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

During the health camp the most common health problems disease were dizziness, giddiness, abscess, rashes, itching, fever, back pain, joint pain, headache, abdominal pain, body ache, worm infestation, anemia, loose motion, weakness, unusual sweating, discharge from ear and hypertension. P.G students demonstrated the people on hand washing technique, health talk and importance of vaccination for children and adults.

For this health camp, total number of OPDs reported is 400 and total no. of IPDs reported is 50. Camp was successfully organized and co-ordinated by faculty of Index medical college. Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 4:00 p.m. with great success. Students were highly motivated and encouraged by their teachers from Dept. of Community Medicine and other specialities.



Signature and Seal

Dean/Medical Superintendent

Medical Superintendent
IMCHRC



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Malwanchal University
Indore (M.P.)

Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/005

Date: 09/03/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **10th March, 2018 (Saturday)** (Day) scheduled between **12:00 a.m to 03:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:30 a.m. sharp.

Venue: Maruti Medical, Main Road, Loharda

Medical Superintendent
IMCHRC

Signature of Dean/Medical Superintendent

Seal

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- Registrar
- Head, Marketing Department
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Malwanchal University
Indore (M.P.)

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Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 09/03/2018


CAMP ORDER

There will be Health Check-up Camp on **10th March, 2018 (Saturday)** scheduled between **12:00 PM to 03:00 PM**. Bus will depart from Index Hospital at **08:30 AM**.

Venue –Maruti Medical, Main Road, Loharda (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Nikunj Bavishi	Medicine	9892924788
2.	Dr. Vinod Soni	Orthopedics	8871792646
3.	Dr. Upendra	Surgery	9340186998
4.	Dr. Rajesh Mali (Intern)	Ophthalmology	9755258747
5.	Dr. Saurabh Vijay	ENT	9587110600
6.	Dr. Vajjnath Suryawanshi (Intern)	Pediatrics	9981886871
7.	Dr. Sarfaraz Khan(Intern)	Pediatrics	7898502895
8.	Dr. Vrajesh Fulbasia (Intern)	Obs. & Gyn.	7869055379
9.	Dr. Unnati Bamniya (Intern)	Obs. & Gyn.	9755375145
10.	Dr. Subhash	Skin	8103690264


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IMCHRC


Dr. Ajay Joshi
Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/05(A)

Date: 12/03/2018

Report on Health Check-up and No Tobacco Campaign

Year of Camp – 2018

Date of Health Camp – 10/03/2018

Name of the Activity – Health check-up and No Tobacco Campaign

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 10

Number of faculties participated in such activities – 01

Total no. of IPD – 60

Total no. of OPD – 500

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized: A free health camp was organized by Index Medical College & Hospital. This camp was organized at Maruti Medical, Main Road, Loharda (M.P).

Brief report on completion of Activities: Faculty, Interns & P.G. students of Index Medical College reached the venue and examined the patients arrived for free consultation for their problems. The vital subject of the event was to focus on “SAY NO TO TOBACCO” which witnessed participation of around 200 people. The program started with an awareness talk by the post-graduate students of Psychiatry and Public Health dentistry department with an objective to highlight the health risks associated with tobacco use and to quit tobacco consumption. During the camp, information leaflets regarding the ill effects of tobacco use were distributed among the public. The leaflets depicted the various types of tobacco used, ill effects of tobacco; steps to reduce tobacco consumption and how to get prepare to quit the tobacco.


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A talk by students also made the people aware that tobacco consumption is not cool and public has to realize the same. They also tried to focus on men who are forced to smoke, by peers. Through the speech, student highlighted some gruesome facts such as tobacco kills more than 7 million people every year in the world.

Doctors made the people aware using any kind of tobacco product is unsafe, especially for kids, teens, and young adults. But worldwide, at least 14 million young people age 13 to 15 currently use tobacco products which includes Tobacco products—like cigarettes, smokeless tobacco and most e-cigarettes—contain nicotine, which is an addictive drug. Being exposed to nicotine can also harm brain development, which continues through the teen years and up to age 25. Exposure to nicotine during these important years can harm the parts of the brain that control attention, learning, mood and impulse control.

Preventive measures taken to stop children, teenagers, and young adults from trying and using tobacco products:-

- Talk to kids about the harms of tobacco products, including e-cigarettes
- Know what children watch and talk about tobacco use onscreen
- Tell kids that you expect them not to use tobacco products, or to stop using them
- Refuse to give tobacco products to kids, teens, or young adults
- Work to limit tobacco product advertising
- Use strategies to prevent and reduce tobacco use, like tobacco price increases, hard-hitting media campaigns, adopting comprehensive smoke-free laws, licensing tobacco sellers, and limiting where tobacco products can be sold
- Provide barrier-free access to treatments proven to help people quitting the tobacco


A free dental checkup was also organized and the patients were screened for dental problems by dental students who were present in the camp. Investigations like blood pressure and random blood sugar were also performed. Free of cost medicines and toothpastes were distributed to the patients. Oral health Education as well as proper tooth brushing technique was demonstrated for maintaining good oral hygiene. Patients requiring further treatment were referred to Index Dental College, accordingly.

Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 3:00 p.m. with great success.


Signature and Seal
Dean/Medical Superintendent

Medical Superintendent
IMCHRC


Registrar
Malwanchar University
Indore (M.P.)


Medical Superintendent
IMCHRC



Index

Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)




Ref no. IMCHRC/MR/2018/005

Date: 13/03/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **14th March, 2018 (Wednesday)** (Day) scheduled between **12:00 a.m to 03:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Maa Narmada Mandir, Pipri


Medical Superintendent
IMCHRC

Signature of Dean/Medical Superintendent

Seal

Copy to:

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- Dean, IMCHRC
- Registrar
- Head, Marketing Department
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Indore (M.P.)

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Date: 15/03/2018

Ref. No. : IMCHRC/MR/2018/06(A)

Report on School Children's Health Check-up

Year of Camp – 2018

Date of Health Camp – 14/03/2018

Name of the Activity – School Children's Health Check-up

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 07

Number of faculties participated in such activities – 01

Total no. of IPD – 20

Total no. of OPD – 100

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

A free medical health check up camp was organized by faculty & students of Index Medical College Hospital & Research Centre at **Maa Narmada Mandir, Pipri, Indore (M.P.)**. Team member from Index hospital including physician, dentist, gynecologist and P.G. Student of different specialties reached the venue (A.P. School). A special pandal and stage were made in the school compound for conducting the camp. All P.G doctors of different specialty who attended the camp took active participation in this programme.

Brief report on completion of Activities:

All the doctors emphasized the necessity for personal health and hygiene. The doctors advised the students to eat healthy balanced food and keep themselves clean. Most of the doctors highlighted the need for sleeping inside mosquito nets at night and to drink boiled water to prevent diseases like malaria, dengue and enteric diseases. The students were told not be lured by fast food, coloured


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drinks, cold drinks and cut fruits. The doctors also emphasized the need for taking physical exercise daily. Regular physical exercise makes one's body healthy and stout. They doctors also focused on the need for keeping oneself clean and on keeping hands cleaned and washed. They said that the students need to keep themselves free from any kind of unhealthy materials.

Students present in the camp those who suffered from diabetes and other children as well were educated by Pediatric Endocrinologists and Physicians on how to manage their diabetes along with enjoying their life by conducting different activities like swimming, educational activities, games, arts and crafts etc.

The team members of hospital including physician, Gynaecologist and other P.G students of different specialties at the health camp examined and discussed various health issues with students present in the camp. Free physical examination along with free blood sugar, blood pressure tests were conducted by doctors. They advised the students about precautions taken for better health & hygiene and provided consultation to them during the camp. Number of patients registered for IPD = 20 and total OPD occurred on this day is 100 patients.

The primary objective of this camp was:-

- To improve the nutritional and health status of children in the age group 0-6 years
- To lay the foundation for proper psychological, physical and social development of the child
- To reduce the incidence of mortality, morbidity, malnutrition and school dropout
- To enhance the capability of their parents to look after their Children's normal health and nutritional needs through proper nutrition and health education and also to make them aware of the Immunization program.

It was observed that some of the Children that attended the school were having eye problems that were detected during routine check-up in the camp. It was advantageous for the students as they got an opportunity to know more about various aspects of eye care. The doctors brought well-equipped eye examination tools to examine the students effectively. They also spoke to the students about how to increase awareness and improve access to eye healthcare services. The objective of this event was to spread awareness on eye disorder, their early detection and detect refractive errors and eye ailments among school children.

The students also asked the queries they had in their mind which were solved by eye specialists. Attendees with eye problems requiring continued medical attention were given referral slips. The camp turned out to be very beneficial for our students. The health camp was successfully completed only with the support of staff, faculty and organizers. This health camp ended at 3:00 p.m. with great success.


Signature and Seal
Dean/Medical Superintendent

Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)




Ref no. IMCHRC/MR/2018/007

Date: 21/03/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **22nd March, 2018 (Thursday)** (Day) scheduled between **12:00 a.m to 04:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Gram Panchayat Bhawan, Sandelpur


Medical Superintendent
IMCHRC

Signature of Dean/Medical Superintendent

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INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Date: 23/03/2018

Ref. No. : IMCHRC/MR/2018/07 (A)

Report on Adolescent Health celebration camp

Year of Camp – 2018

Date of Health Camp – 22/03/2018

Name of the Activity – Adolescent Health celebration camp

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 09

Number of faculties participated in such activities – 02

Total no. of IPD – 46

Total no. of OPD – 300

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. T.B & Chest
10. Community Medicine

Details of the Camp Organized:

Camp was organized at **Gram Panchayat Bhawan, Sandelpur, Indore**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. A screening health camp was organized with the help of faculty of PSM department, P.G. residents of OBG & PSM and PG's from Pathology, Lab technician & pharmacist for diagnosis of anemic patients. It was organized for adolescent girls, women of reproductive age, pregnant woman for the purpose of screening of anemia with the help of sahli's Hb meter.

Brief report on completion of Activities:


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IMCHRC

Activities to increase awareness about adolescent health & development issues and to dispel various myths and misconceptions regarding various issues particularly related to Nutrition, Mental Health, Sexual & Reproductive Health and Menstruation etc. apart from various important adolescent issues plaguing the State in particular Substance Misuse, teenage pregnancy besides the increasingly relevant issue of Anemia and malnutrition were undertaken by the medicos and faculty of Index Medical College Hospital & Research Centre.

The topics for the programme were: physical, cognitive and emotional changes in an adolescent child, nutritional management, menstrual hygiene and stress management in adolescents. The students emphasized various healthy lifestyle practices to prevent disease and promote optimum health. The topics were dealt by faculty of Department of Community Medicine. Camp was organized for adolescent girls (age: - 14-19) for screenings of anemia, menstrual hygiene and counseling for family planning. Around 100 adolescent girls were educated about the importance of hygiene during menstruation, use sanitary pads & not cloths and reach to nearest PHC centre for any irregularities in menstruation, excessive pain, heavy bleeding, excessive white discharge and foul smelling discharge.

Girls were also examined for signs of anemia like polar in lower palpebral conjunctiva, palms & tongue and asked for fatigueness & weakness. They were advised for intake of iron rich food like consuming green leafy vegetable, jaggery, dates, beets roots etc. Sanitary pads & Iron folic acid tablets were distributed. They were further counseled about the use of contraceptives and risk of acquiring STDs and unwanted pregnancy. Adolescent girls were also advised about family planning and conceiving after 20 years of age and to maintain at least 3 years of gap between two pregnancies and to maintain a small healthy family. They were educated about usage of Oral contraceptive Pills.

Main themes covered during the Adolescent Camps are:-

1. Life Skills and Personal development
2. Child Rights
3. Health, Hygiene and Nutrients
4. Gender equality
5. Parts of the Human Body, Changes due to adolescent stage, Menstrual Hygiene, Reproductive process in Human.
6. Awareness on AIDS
7. Sexual abuse and child trafficking
8. Social awareness
9. Yoga and Pranayama

Health camp was successful and completed with its targeted goals of educating people and giving free consultation and treatment. This health camp ended at 4:00 p.m with great success.

Signature and Seal

Dean/Medical Superintendent

Medical Superintendent
IMCHRC


Malwanchal University
Indore (M.P.)
Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/ 008

Date: 28/03/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **28th March, 2018 (Wednesday)** (Day) scheduled between **11:00 a.m to 03:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Purani Tehsil Parisar, Mhowgaon, Mhow

Signature of Dean/Medical Superintendent

Seal

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- Dean, IMCHRC
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Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 27/03/2018

CAMP ORDER

There will be Health Check-up Camp on 28th March, 2018 (Wednesday) scheduled between 11:00 PM to 03:00 PM. Bus will depart from Index Hospital at 09:00 AM.


Venue - Purani Tehsil Parisar Mhowgoan, Mhow (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Himanshu Singh	Medicine	9424781113
2.	Dr. Tushaar	Orthopedics	9981240613
3.	Dr. Upendra Singh	Surgery	9993561374
4.	Dr. Rounak Munshi	Obs. & Gyn.	9821035401
5.	Dr. Rajat Patidar	Pediatrics	9425977822
6.	Dr. Vimlesh Choyal	Ophthalmology	7415107505
7.	Dr. Saurabh Vijay	E.N.T.	9540301440
8.	Dr. Saket	Skin & V.D.	9893009250
9.		Nursing Staff	


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Indore (M.P.)

Medical Superintendent
IMCHRC


Dr. Ajay Joshi
Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/08(A)

Date: 29/03/2018

Report on Breastfeeding – Public Awareness Program

Year of Camp – 2018

Date of Health Camp – 28/03/2018

Name of the Activity – Breastfeeding – Public Awareness Program

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 07

Number of faculties participated in such activities – 01

Total no. of IPD – 60

Total no. of OPD – 500

Specialities covered:-

1. Medicine
2. Orthopedics
3. Obstetrics & Gynaecology
4. Paediatrics
5. Ophthalmology
6. ENT
7. Community Medicine
8. Nursing Staff

Details of the Camp Organized:

Camp was organized at **Purani Tehsil Parisar Mhowgoan, Mhow (M.P)**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Breastfeeding Awareness Camp highlighted on the science behind breastfeeding and climate change. Therefore, breastfeeding should be promoted and formula milk should be discouraged. Doctors were able to sensitize postnatal mothers on breastfeeding and its importance in the hospital and community. They also provided lactation counselling to postnatal mothers during this week.

Brief report on completion of Activities:

The Department of Obstetrics and Gynaecology (OBG) and Community Medicine, Index Medical College Hospital and Research Centre observed 'World Breastfeeding Week' from 19th to 25th May 2018 on the theme "Breastfeeding – Public Awareness Program".


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Adequate nutrition in infancy and early childhood has been established to be an essential requirement for optimal growth and development and also promote the health and behavior of the child. Breastfeeding has been unparalleled as an ideal food for optimal growth and development of infants and held as an integral part of reproductive process with enormous health benefits to the mother and infant. The activity started with sensitization of mothers on the theme of the breastfeeding week and importance of breastfeeding to the child, mother, community and environment.

- Benefits of breastfeeding to the mothers, father, child, community and environment
- Myths and facts about breastfeeding
- Steps on efficient breastfeeding


The event strives to attach invaluable significance to the power of breastfeeding in enhancing child health and development and lowering infant mortality through the provision of good nutrition and protection from cancers of the breast and ovaries. The World Health Assembly has targeted achieving 50% exclusive breastfeeding in the first six months of the child by 2025. The Ministry of Health and Family Welfare, Government of India, has also initiated and launched a national breastfeeding promotion program, MAA (Mothers' Absolute Affection) under "Strategic approach to Reproductive Maternal, Newborn, Child, and Adolescent Health" to improve infant and young child feeding. Breastfeeding will be a successful endeavour when it is seen as a part of the family culture rather than the sole responsibility of the mother or woman.

A health awareness talk was given on the topic, "The importance and do's and don'ts of breastfeeding." Doctors from Department of Gynaecology spoke about the advantage of breastfeeding, the composition of breast milk, and various positions and attachments while feeding. They also conducted demonstrations regarding positioning the baby, techniques of breastfeeding and expression of breast milk. Participants were motivated to participate in supporting and counselling members of their community to minimize the problems by initiating baby-friendly breastfeeding techniques. Doctors in the camp stressed on breastfeeding even while travelling and in public areas and to avoid pre-lacteal or formula feeding.

The program concluded with participant's expression that the sessions were informative, helpful and well organized. This health camp ended at 3:00 p.m with great success.

Signature and Seal

Dean/Medical Superintendent

 Medical Superintendent
IMCHRC

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Indore (M.P.)

 Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/ 009

Date: 29/03/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **29th March, 2018 (Thursday)** (Day) scheduled between **12:00 a.m to 03:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Manglic Bhawan, Bazar Chowk, Sundrel

A Medical Superintendent
IMCHRC

Signature of Dean/Medical Superintendent

Seal

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**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)**

Ref. No. : IMCHRC/MR/2018/09(A)

Date: 30/03/2018

REPORT ON CANCER AWARENESS PROGRAMME FOR WOMEN

Year of Camp – 2018

Date of Health Camp – 29/03/2018

Name of the Activity – Cancer Awareness Programme for Women

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 08

Number of faculties participated in such activities – 01

Total no. of IPD – 32

Total no. of OPD – 200

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

Health camp organized by Index Medical College at the venue **Manglic Bhawan, Bazar chowk, Sundrel**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Index Medical College organized the Cancer Awareness Programme to educate the girl students and women residents of the locality where health camp took place.

Brief report on completion of Activities:

The programme began with a welcome speech by Dr. Pooja Deodhar (HOD & Professor; Department of Gynaecology). She emphasized in her speech the importance of knowing about breast cancer, its prevention and utilization of awareness programs by women in the community and appreciated the effort of students for organizing an awareness program. A role play on warning signs, symptoms and diagnosis was performed by students of Gynaecology dept. and they further explained the causes,


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stages, clinical features, early diagnosis and the management which was followed by a demonstration of self-breast examination using breast model. Dr. Pooja Deodhar, further explained on the importance of screening tests for the early detection of breast cancer. The elaborate presentation covered aspects like: Probable Symptoms that cause breast cancer, ways to identify it in early stages to be cured off like Dimpling, Puckering, Stretching pain in the back, retracted nipple etc. She further insisted that any woman can get breast cancer irrespective of their family history. The speaker said that breast cancer can be cured if treatment is provided at the right time. She also threw light upon the symptoms of breast cancer and the preventive measures to be taken in order to reduce the risk of this disease.

The factors causing cancer are genetic, physiological, dietary, environmental and life style. They suggested precautionary measures like avoiding cholesterol rich fat diet, alcohol intake, reducing obesity based on the BMI standard, curtailing use of tobacco, being aware on aspects like endocrine disruption due to oral contraceptive use, physical inactivity, proper clothing, benefits of breast feeding etc.

Later on, they briefed the participants on methods of early detection and curative measures. Showing demonstrative clippings they explained about Self Breast Examination (SBE), clinical Tests, mammography and ultra sound scanning. They advised the girl-students to be conservative, follow healthy food containing fibrous rich foods with Vitamin A, E and C, Beta carotenes and selenium supplements. They wrapped up their presentations with a discussion of the painful treatment process like surgery which is often followed by radiation to melt the malignant lumps. Psychological rehabilitation of affected patients through chemotherapy and re-breast construction with silicon support was discussed with video clippings. All the participants congratulated the faculty and students for their initiative to create awareness among women regarding this deadly disease.

Everyone appreciated the program and opined that these kinds of programs are very useful and should be conducted frequently. The programme ended with a vote of thanks by Faculty and students of Index Medical College Hospital & Research Centre to the participants present in the camp. General public about 300 people participated in the program. The local people and women who attended the camp expressed that the program was very useful & informative to the community. The camp proved to be awareness imparting and thought-provoking for everyone. Such type of program should be conducted more in the future. The event proved out to be a huge success.



Medical Superintendent
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Signature and Seal

Dean/Medical Superintendent

Registrar
Malwanchal University
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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Date: 27/03/2018

Ref no. IMCHRC/MR/2018/0010

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on 30th March, 2018 (Thursday) (Day) scheduled between 12:00 a.m to 03:00 p.m (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Govt. High School, Gopalpur

[Handwritten Signature]
Medical Superintendent
IMCHRC

Signature of Dean/Medical Superintendent

Seal

Copy to:

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[Handwritten Signature]
Registrar
Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 27/03/2018

CAMP ORDER


There will be Health Check-up Camp on 30th March, 2018 (Friday) scheduled between 12:00 PM to 03:00 PM.

Bus will depart from Index Hospital at 09:00 AM.


Venue – Govt.High School, Gopalpur (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Vibhu Kulshreshtha	Medicine	9752870043
2.	Dr. Puneet Kumar	Orthopedics	9009494085
3.	Dr. Devendra Bhayal	Surgery	9406870646
4.	Dr. Rini Upadhaya	Obs. & Gyn.	8223859002
5.	Dr. Swati Shree Naidu	Pediatrics	8374795639
6.	Dr. Romila Singh	Ophthalmology	8085266078
7.	Dr. Parul Parmar	E.N.T.	8668837331
8.	Dr. Anushtha Tomar	Skin & V.D.	8964081496
9.	Mr. Durgesh Panwar	Nursing Staff	8818983015


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Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/10/A

Date: 31/03/2018

REPORT ON GOVERNMENT SCHOOL VISIT AT GOPALPUR

Year of Camp – 2018

Date of Health Camp – 30/03/2018

Name of the Activity – Government School Visit at Gopalpur

Organizing unit/Agency/Collaborating Agency – Government High School, Gopalpur & Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 10

Number of faculties participated in such activities – 02

Total no. of OPD – 300

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Interns

Details of the Camp Organized:

A free medical health check up visit was organized by the faculty members & students of Index Medical College Hospital & Research Centre in association with **Govt. High School, Gopalpur, Indore (M.P.)**. A visit to the government secondary school at Gopalpur was organised by the P.Gs & Interns of Index Medical College. The Interns & P.Gs reached the venue by 12.00 p.m to observe the facilities and activities of the school, interact with the students and answer any queries they had. College buses were provided for their transport which reached destination at 10.00 a.m. Interns attended the morning assembly, divided themselves into pairs and attended the classes of the students. After scheduled lunch break, all the students were brought to the playground so that interns could talk to them about medical issues that are faced by their age groups.

Brief report on completion of Activities:

Index Medical College conducted school visit on 30 March, 2018. Interns accompanied by two faculty members of the Department of Community Medicine made the visit. Interns took a round of


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the school campus and made an inventory of all the facilities available to the students. They paid special attention to the first aid room and training of the nurse in the medical room for the school. Interns also attended the morning assembly conducted at the school and gave a short speech on Hygiene in Daily Life. This speech emphasized on the importance of various small practices that the students could easily adopt to be adequately healthy and hygienic. Common mistakes that can pose a risk to the health of an individual were reiterated. After the assembly, interns paired themselves into groups of two and attended the classes with students. Here they observed the teaching methods of the teachers, props used by them and the facilities made available to the students for a comfortable learning session. A note of the ratio of male and female students, availability of sufficient benches, blackboard, entry of adequate sunlight and proper ventilation was made for each class. Next on the agenda was an informal talk with the students - especially the females, regarding the problems they faced and their easy solutions if possible were suggested to them. For this, interns asked the students to write down their problems and submit them in a box during the lunch break. After the break was over, students were asked to gather once again in the assembly ground where they were given *daris* to sit on. Interns then pulled out the anonymous chits and read them one by one, imparting required knowledge simultaneously until the query was resolved.

Students were concerned about a variety of issues they faced at school, home, and among their peers. Common misconceptions prevailing among the students were cleared. Further their questions & queries were answered and among them a few students were asked to talk about their entire experience with the interns. Topics like keeping their food covered, washing fruits and vegetables before use, adopting hygienic practices to cook food, proper sanitary habits, daily baths and hazards of unhygienic conditions were discussed in detail with the students. An interactive session about different problems faced by girls was then conducted. Females were encouraged to attend school regularly, eat nutritious food, monitor their health and seek medical help at appropriate times. Further, all the students were given demonstration of simple hygiene practices including the proper way of washing hands, coughing/sneezing with mouths covered, brushing their teeth, etc were also given by the students.

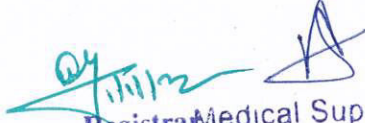
In this way, at the end of the day, students were motivated to adopt a better and healthier lifestyle, promising to follow the teachings of interns. By 3.00 pm in the evening the interns returned to the college after a successful health and hygiene intervention at the school.

Doctors who visited their School advised the School Children with various healthy diets and consultation during the visit. In the short span of around six hours, 200 children beneficiaries in the age group between 0-14 years among the total OPD reported for today were benefitted by the advice and regular physical examination by the doctors who visited their School. The School visit could be successfully completed only with the support of staff, faculty and organizers.

Signature and Seal

Dean / Medical Superintendent


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IMCHRC


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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Date: 07/04/2018

Ref no. IMCHRC/MR/2018/ 0011

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **10th April, 2018 (Tuesday)** (Day) scheduled between **11:00 a.m to 02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.


Venue: Vindhyawasni Mandir Parisar, Niranjapur, Indore

Signature of Dean/Medical Superintendent

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**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)**

Date: 11/04/2018

Ref. No. : IMCHRC/MR/2018/111(A)

**Report of the General Health Check-up camp at Vindhyawasni Mandir
Parisar, Niranjanpur**

Year of Camp – 2018

Date of Health Camp – 10/04/2018

**Name of the Activity – General Health Check –up camp at Vindhyawasni Mandir Parisar,
Niranjanpur**

**Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research
Centre**

Numbers of Students Participated in such Activities – 11

Number of faculties participated in such activities – 02

Total no. of IPD – 30

Total no. of OPD – 250


Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

A free medical general health check-up camp was organized by the Index Medical College Hospital & Research Centre at the venue **Vindhyawasni Mandir Parisar, Niranjanpur, Indore (M.P.)**.

All the staff along with required accessories and medications left the hospital premise in the morning at 10:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated at scheduled time and screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.


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- Given prescription for suitable medication and provided some medication for immediate use
- Referred to our hospital for further diagnosis, surgery or treatment
- Referred to nearest hospital for immediate treatment and care

Brief report on completion of Activities:


Patients were rendered with services like free physical examination along with free blood sugar and blood pressure tests conducted by doctors. Doctors advised the patients with various medicines and consultancy during the camp. P.G. residents of ophthalmology department diagnosed significant no. of cataract cases which were referred to Index Medical College for further investigation. Many of the patients attending the camp were diagnosed with dermatological problems which were quite common among people due to living in congested and unhygienic atmosphere. Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment. People were educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

During the health camp the most common health related problems or diseases that were diagnosed were dizziness, giddiness, abscess, rashes, itching, fever, back pain, joint pain, headache, abdominal pain, body ache, worm infestation, anemia, loose motion, weakness, unusual sweating, discharge from ear and hypertension. Free medicines were dispensed. Main complaints among the adult population were related to back pain and knee pain and were treated symptomatically.

There were several medicines dispensed among the patients during the health camps. These medicines were – Cefixime tablets, Paracetamol tablets, Ciprofloxacin hydrochloride tablets, Albendazole tablets, Centrizine tablets and Amoxicillin capsules, Calcium with vitamin D3 tablets, Povidone iodine ointment and ORS.

Young adolescent girls were given talks regarding menstruation and menstrual hygiene and young boys were given advice on how to maintain general hygiene and on awareness about substance abuse. The patients were advised to take healthy foods that were rich in Vitamin B, potassium, magnesium and fibre.

For this health camp, total number of OPDs reported is 250 and total no. of IPDs reported is 30. Doctors and residents of different specialties from Index Medical College and Hospital examined the patient with different disease and problems and recommended them the medication as applicable to them during this health camp and the camp ended at 2:00 p.m. with great success.


 Signature and Seal
 Dean/Medical Superintendent

Medical Superintendent
 IMCHRC


 Registrar
 Malwanchal University
 Indore (M.P.)

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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/0012

Date: 13/07/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **15th July, 2018 (Sunday)** (Day) scheduled between **11:00 a.m to 03:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:30 a.m. sharp.

Venue: Gram Panchayat Bhavan, Pandulab, Dewas

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Signature of Dean/Medical Superintendent

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INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : JMCHRC/MR/2018/12(A)

Date: 16/07/2018

Report on Community Health Check-up Initiatives at Pandutlab, Dewas

Year of Camp – 2018

Date of Health Camp – 15/07/2018

Name of the Activity – Community Health check-up Initiatives

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 10

Number of faculties participated in such activities – 02

Total no. of IPD – 46

Total no. of OPD – 350

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Dental
10. T.B & Chest

Details of the Camp Organized:

Health camp organized by Index Medical College at the venue **Gram Panchayat Bhavan, Pandutlab, Dewas(M.P)**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 8:30 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated by local representative and screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.

- Given prescription for suitable medication and provided some medication for immediate use
- Referred to our hospital for further diagnosis, surgery or treatment


Registrar
Malwanchal University
Indore (M.P.)
Medical Superintendent
JMCHRC

- Referred to nearest hospital for immediate treatment and care

The team for camp constituted of P.G. residents. They screened the young students for refractive error, scabies, vitamin A deficiency and nutrition of children and also height and weight of children were also measured. The vision of the children was measured by using snellen's chart. Those having vision less than 6/6 were referred to IMCHRC.

Brief report on completion of Activities:

Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment.


1. Visual acuity test – by using snellen's chart
2. Provided Vitamin A supplementation to the students having Bitot's spots.
3. Awareness about proper nutrition and hygiene.

The prime objective of this camp was to make awareness among people regarding their health and common diseases. The local people were provided with valuable information regarding uses, misuse, of antibiotics. They also suggested the patients to increase intake of edibles that contains minerals, vitamins and fibers like fresh fruits & vegetables. The team members of hospital including physician, dentist, gynecologist and other P.G students of different specialties at the health camp examined and discussed various health issues with patients arrived at the camp. Free physical examination along with free blood sugar, blood pressure tests were conducted by doctors. They advised the patients with various medicines and consultation during the camp.

People were educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

The healthcare condition among the poor is pathetic. These people lack in quality healthcare due to increased cost, lack of doctors and medicines. Healthcare camps are the only hope for the poor people who cannot afford to pay for expensive treatments or medicines. Therefore patients are treated with proper care, love, and respect in the camps. There is no discrimination done at any stage of treatment. Healthcare camps are the only hope for the unprivileged community where their problems are heard and resolved with respect and dignity.

For this health camp, total number of OPDs reported is 350 and total no. of IPDs reported is 46. Camp was successfully organized and co-ordinated by faculty of Index medical college. Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 3:00 p.m. with great success.


Signature and Seal
Dean/Medical Superintendent

Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC



Index

Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/19/09/2018/0013

Date: 19/09/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **20th September, 2018 (Thursday)** (Day) scheduled between **10:00 a.m to 02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:30 a.m. sharp.
Date: 19/09/2018

Venue: Sahin Nagar Near Lal Mandir, Musakhedi, Indore

A Medical Superintendent
IMCHRC

Signature of Dean/ Medical Superintendent

Seal

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar, Malwanchal University
- Head, Marketing Department
- File

Qy
Registrar
Malwanchal University
Indore (M.P.)

**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)**

Ref. No. : IMCHRC/MR/2018/13(A)

Date: 21/09/2018

**Report of the General Health Check-up camp at Saine Nagar near Lal
Mandir, Musakhedi**

Year of Camp – 2018

Date of Health Camp – 20/09/2018

**Name of the Activity – General Health Check –up camp at Saine Nagar near Lal Mandir,
Musakhedi, Indore**

**Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research
Centre**

Numbers of Students Participated in such Activities – 09

Number of faculties participated in such activities – 01

Total no. of IPD – 25

Total no. of OPD – 230

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

A free medical general health check-up camp was organized by the Index Medical College Hospital & Research Centre at the venue **Saine Nagar near Lal Mandir, Musakhedi, Indore.**

All the staff along with required accessories and medications left the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated at scheduled time and screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.

- Given prescription for suitable medication and provided some medication for immediate use


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Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC

- Referred to our hospital for further diagnosis, surgery or treatment
- Referred to nearest hospital for immediate treatment and care

Brief report on completion of Activities:

Patients were rendered with services like free physical examination along with free blood sugar and blood pressure tests conducted by doctors. Doctors advised the patients with various medicines and consultancy during the camp. P.G. residents of ophthalmology department diagnosed significant no. of cataract cases which were referred to Index Medical College for further investigation. Many of the patients attending the camp were diagnosed with dermatological problems which were quite common among people due to living in congested and unhygienic atmosphere. Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment. People were educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

During the health camp the most common health related problems or diseases that were diagnosed were dizziness, giddiness, abscess, rashes, itching, fever, back pain, joint pain, headache, abdominal pain, body ache, worm infestation, anemia, loose motion, weakness, unusual sweating, discharge from ear and hypertension. Free medicines were dispensed. Main complaints among the adult population were related to back pain and knee pain and were treated symptomatically.

There were several medicines dispensed among the patients during the health camps. These medicines were – Cefixime tablets, Paracetamol tablets, Ciprofloxacin hydrochloride tablets, Albendazole tablets, Centriline tablets and Amoxicillin capsules, Calcium with vitamin D3 tablets, Povidone iodine ointment and ORS.

Young adolescent girls were given talks regarding menstruation and menstrual hygiene and young boys were given advice on how to maintain general hygiene and on awareness about substance abuse. The patients were advised to take healthy foods that were rich in Vitamin B, potassium, magnesium and fibre.

For this health camp, total number of OPDs reported is 230 and total no. of IPDs reported is 25. Doctors and residents of different specialties from Index Medical College and Hospital examined the patient with different disease and problems and recommended them the medication as applicable to them during this health camp and the camp ended at 2:00 p.m. with great success.


 Signature and Seal
 Dean/Medical Superintendent

Medical Superintendent
 IMCHRC


 Registrar
 Malwanchal University
 Indore (M.P.)


 Medical Superintendent
 IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/ 0014

Date: 09/10/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **10th October, 2018 (Wednesday)** (Day) scheduled between **11:00 a.m to 02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:30 a.m. sharp.

Venue: Royal Health Diagnosis Centre, Bangali Colony, Raju Nagar, Khajrana, Indore

Signature of Dean/Medical Superintendent

Seal

Medical Superintendent
IMCHRC

Copy to:

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- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File

Registrar
Malwanchal University
Indore (M.P.)

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/14(A)

Date: 11/10/2018

**Report of the General Health Check-up camp at Royal Health Diagnosis Center
Bangali Colony Raju Nagar, Khajrana**

Year of Camp – 2018

Date of Health Camp – 10/10/2018

**Name of the Activity – General Health Check –up camp at Royal Health Diagnosis Center, Bangali
Colony, Khajrana**

**Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research
Centre**

Numbers of Students Participated in such Activities – 07

Number of faculties participated in such activities – 01

Total no. of IPD – 40

Total no. of OPD – 350

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

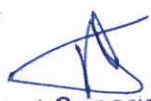
Details of the Camp Organized:

A free medical general health check-up camp was organized by the Index Medical College Hospital & Research Centre at the venue **Royal Health Diagnosis Center Bangali Colony Raju Nagar Khajrana, Indore(M.P).**

All the staff along with required accessories and medications left the hospital premise in the morning at 08:30 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated at scheduled time and screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.

- Given prescription for suitable medication and provided some medication for immediate use


Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC

- Referred to our hospital for further diagnosis, surgery or treatment
- Referred to nearest hospital for immediate treatment and care

Brief report on completion of Activities:


Patients were rendered with services like free physical examination along with free blood sugar and blood pressure tests conducted by doctors. Doctors advised the patients with various medicines and consultancy during the camp. P.G. residents of ophthalmology department diagnosed significant no. of cataract cases which were referred to Index Medical College for further investigation. Many of the patients attending the camp were diagnosed with dermatological problems which were quite common among people due to living in congested and unhygienic atmosphere. Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment. People were educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

During the health camp the most common health related problems or diseases that were diagnosed were dizziness, giddiness, abscess, rashes, itching, fever, back pain, joint pain, headache, abdominal pain, body ache, worm infestation, anemia, loose motion, weakness, unusual sweating, discharge from ear and hypertension. Free medicines were dispensed. Main complaints among the adult population were related to back pain and knee pain and were treated symptomatically.

There were several medicines dispensed among the patients during the health camps. These medicines were – Cefixime tablets, Paracetamol tablets, Ciprofloxacin hydrochloride tablets, Albendazole tablets, Centriline tablets and Amoxicillin capsules, Calcium with vitamin D3 tablets, Povidone iodine ointment and ORS.

Young adolescent girls were given talks regarding menstruation and menstrual hygiene and young boys were given advice on how to maintain general hygiene and on awareness about substance abuse. The patients were advised to take healthy foods that were rich in Vitamin B, potassium, magnesium and fibre.

For this health camp, total number of OPDs reported is 350 and total no. of IPDs reported is 40. Doctors and residents of different specialties from Index Medical College and Hospital examined the patient with different disease and problems and recommended them the medication as applicable to them during this health camp and the camp ended at 02:00 p.m. with great success.


Medical Superintendent
IMCHRC
 Signature and Seal
 Dean/Medical Superintendent


 Registrar
 Malwanchal University
 Indore (M.P.)


Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/ 0015

Date: 09/10/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **12th October, 2018 (Friday)** (Day) scheduled between **11:00 a.m to 02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:30 a.m. sharp.

Venue: Govt. Primary School, Vyas Nagar, Indore


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IMCHRC

Signature of Dean/Medical Superintendent

Seal

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- Registrar
- Head, Marketing Department
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Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 09/10/2018

CAMP ORDER

There will be Health Check-up Camp on **12th October, 2018 (Friday)** scheduled between **11:00 PM to 02:00 PM**.

Bus will depart from Index Hospital at **08:30 AM**.


Venue –Govt. Primary School Vyas Nagar, Indore (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Prakhar Gupta	Medicine(PG)	8963935381
2.	Dr. Yash Sharma	Orthopedics	8120670255
3.	Dr. Devendra Bhayal	Surgery	9406870646
4.	Dr. Rini Upadhaya	Obs. & Gyn.	8223859002
5.	Dr. Yashaswi	Ophthalmology	9754614765
6.	Dr. Parul Parmar	E.N.T.	8668837331
7.	Mr. Amit Singh	Nursing Staff	7224015402


Registrar
Malwanchal University
Indore (M.P.)

Medical Superintendent
IMCHRC


Dr. Ajay Joshi
Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : JMCHRC/MR/2018/151A)

Date: 13/10/2018

REPORT ON GOVERNMENT PRIMARY SCHOOL VISIT AT VYAS NAGAR

Year of Camp – 2018

Date of Health Camp – 12/10/2018

Name of the Activity – Government School Visit at Vyas Nagar

Organizing unit/Agency/Collaborating Agency – Government Primary School at Vyas Nagar & Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 06

Number of faculties participated in such activities – 02

Total no. of OPD – 250

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Final M.B.B.S Interns

Details of the Camp Organized:

A free medical health check up visit was organized by the faculty members & students of Index Medical College Hospital & Research Centre in association with **Government Primary School, Vyas Nagar, Indore (M.P.)**. A visit to the government primary school at Vyas Nagar was organised by the P.Gs & Interns of Index Medical College. The Interns & P.Gs reached the venue by 11:00 a.m to observe the facilities and activities of the school, interact with the students and answer any queries they had. College buses were provided for their transport which reached destination at 11:00 a.m. Interns attended the morning assembly and divided themselves into pairs and attended the classes of the students. After scheduled lunch break, all the students were brought to the playground so that interns could talk to them about medical issues that are faced by their age groups.

Brief report on completion of Activities:

Index Medical College conducted school visit on 12th October, 2018. Students accompanied by two faculty members of the Department of Community Medicine made the visit. Interns took a round of


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Indore (M.P.)
Medical Superintendent
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the school campus and made an inventory of all the facilities available to the students. They paid special attention to the first aid room and training of the nurse in the medical room for the school. Interns also attended the morning assembly conducted at the school and gave a short speech on Hygiene in Daily Life. This speech emphasized on the importance of various small practices that the students could easily adopt to be adequately healthy and hygienic. Common mistakes that can pose a risk to the health of an individual were reiterated. After the assembly, interns paired themselves into groups of two and attended the classes with students. Here they observed the teaching methods of the teachers, props used by them and the facilities made available to the students for a comfortable learning session. A note of the ratio of male and female students, availability of sufficient benches, blackboard, entry of adequate sunlight and proper ventilation was made for each class. Next on the agenda was an informal talk with the students - especially the females, regarding the problems they faced and their easy solutions if possible were suggested to them. For this, interns asked the students to write down their problems and submit them in a box during the lunch break. After the break was over, students were asked to gather once again in the assembly ground where they were given *daris* to sit on. Interns then pulled out the anonymous chits and read them one by one, imparting required knowledge simultaneously until the query was resolved.

Students were concerned about a variety of issues they faced at school, home, and among their peers. Common misconceptions prevailing among the students were cleared. Further their questions & queries were answered and among them a few students were asked to talk about their entire experience with the interns. Topics like keeping their food covered, washing fruits and vegetables before use, adopting hygienic practices to cook food, proper sanitary habits, daily baths and hazards of unhygienic conditions were discussed in detail with the students. An interactive session about different problems faced by girls was then conducted. Females were encouraged to attend school regularly, eat nutritious food, monitor their health and seek medical help at appropriate times. Further, all the students were given demonstration of simple hygiene practices including the proper way of washing hands, coughing/sneezing with mouths covered, brushing their teeth, etc were also given by the students.


In this way, at the end of the day, students were motivated to adopt a better and healthier lifestyle, promising to follow the teachings of interns. By 2.00 pm in the evening the Students returned to the college after a successful health and hygiene intervention at the school. In the short span of around six hours, 200 children beneficiaries in the age group between 0-14 years among the total OPD reported for today were benefitted by the advice and regular physical examination by the doctors who visited their School. The School visit could be successfully completed only with the support of staff, faculty and organizers.



Medical Superintendent
IMCHRC

Signature and Seal

Dean / Medical Superintendent



04/11/22 Registrar
Malwanchal University
Indore (M.P.)
Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

Date: 30/10/2018

Ref no. IMCHRC/MR/2018/Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



- 0016

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on 31st October, 2018 (Wednesday) (Day) scheduled between 11:00 a.m to 02:00 p.m (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Govt. Middle School, Khatipura, Indore

Medical Superintendent
IMCHRC

Signature of Dean/Medical Superintendent

Seal

Copy to:

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- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File

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Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 30/10/2018

CAMP ORDER

There will be Health Check-up Camp on **31st October, 2018 (Wednesday)** scheduled between **11:00 PM to 02:00 PM**.

Bus will depart from Index Hospital at **09:00 AM**.

Venue – Govt. Middle School, Khatipura, Indore (M.P.)


All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Sonal Jain	Medicine	9510464497
2.	Dr. Puneet Acharya	Orthopedics	9009494085
3.	Dr. Rini Upadhaya	Obs. & Gyn.	8223859002
4.	Dr. Swati Shree Naidu	Pediatrics	8374795639
5.	Dr. Yashaswi	Ophthalmology	9754614765
6.	Mr. Amit Singh	Nursing Staff	7224015402



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Indore (M.P.)

Medical Superintendent
IMCHRC


Dr. Ajay Joshi
Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/16(A)

Date: 02/11/2018

Report on Govt. Middle School Visit at Khatipura

Year of Camp – 2018

Date of Health Camp – 31/10/2017

Name of the Activity – Govt. Middle School Visit

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 06

Number of faculties participated in such activities – 01

Total no. of OPD – 200

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Final M.B.B.S Interns

Details of the Camp Organized:

A free medical health check up visit was organized by the faculty members & students of Index Medical College Hospital & Research Centre. A visit to the Govt. Middle School at Khatipura was organised by the P.Gs & Interns of Index Medical College. The Interns & P.Gs reached the venue by 11:00 a.m to observe the facilities and activities of the school, interact with the students and answer any queries they had. College buses were provided for their transport which reached destination at 10.30 a.m. Interns attended the morning assembly and divided themselves into pairs and attended the classes of the students. After scheduled lunch break, all the students were brought to the playground so that interns could talk to them about medical issues that are faced by their age groups.

Brief report on completion of Activities:

Index Medical College conducted school visit on 31st October, 2018. Students & P.Gs accompanied by two faculty members of the Department of Community Medicine made the visit. Interns & P.Gs took a round of the school campus and made an inventory of all the facilities available to the



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students. They paid special attention to the first aid room and training of the nurse in the medical room for the school. Interns also attended the morning assembly conducted at the school and gave a short speech on Hygiene in Daily Life. This speech emphasized on the importance of various small practices that the students could easily adopt to be adequately healthy and hygienic. Common mistakes that can pose a risk to the health of an individual were reiterated. After the assembly, interns paired themselves into groups of two and attended the classes with students. Here they observed the teaching methods of the teachers, props used by them and the facilities made available to the students for a comfortable learning session. A note of the ratio of male and female students, availability of sufficient benches, blackboard, entry of adequate sunlight and proper ventilation was made for each class. Next on the agenda was an informal talk with the students - especially the females, regarding the problems they faced and their easy solutions if possible were suggested to them. For this, interns asked the students to write down their problems and submit them in a box during the lunch break. After the break was over, students were asked to gather once again in the assembly ground where they were given *daris* to sit on. Interns then pulled out the anonymous chits and read them one by one, imparting required knowledge simultaneously until the query was resolved.

Students were concerned about a variety of issues they faced at school, home, and among their peers. Common misconceptions prevailing among the students were cleared. Further their questions & queries were answered and among them a few students were asked to talk about their entire experience with the interns. Topics like keeping their food covered, washing fruits and vegetables before use, adopting hygienic practices to cook food, proper sanitary habits, daily baths and hazards of unhygienic conditions were discussed in detail with the students. An interactive session about different problems faced by girls was then conducted. Females were encouraged to attend school regularly, eat nutritious food, monitor their health and seek medical help at appropriate times. Further, all the students were given demonstration of simple hygiene practices including the proper way of washing hands, coughing/sneezing with mouths covered, brushing their teeth, etc were also given by the students.

In this way, at the end of the day, students were motivated to adopt a better and healthier lifestyle, promising to follow the teachings of interns. By 02.00 p.m in the afternoon the Students returned to the college after a successful health and hygiene intervention at the school. In the short span of around three hours, 200 children beneficiaries in the age group between 0-14 years among the total OPD reported for today were benefitted by the advice and regular physical examination by the doctors who visited their School. The School visit could be successfully completed only with the support of staff, faculty and organizers.


Signature and Seal
Dean/Medical Superintendent
Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC



Index

Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)




Ref no. IMCHRC/MR/2018/ 0017

Date: 16/11/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **17th November, 2018 (Saturday)** (Day) scheduled between **11:00 a.m to 02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: M.P. Public School, Barotha, Dewas


Medical Superintendent
IMCHRC

Signature of Dean/Medical Superintendent

Seal

Copy to:

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- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File


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Malwanchal University
Indore (M.P.)

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : JMCHRC/MR/298/17(A)

Date: 19th November 2018

REPORT ON SCHOOL VISIT AT BAROTHA, DEWAS

Year of Camp – 2018

Date of Health Camp – 17/11/2018

Name of the Activity – M. P. Public School Visit at Barotha, Dewas

Organizing unit/Agency/Collaborating Agency – Geeta Devi Parmarthak Trust, Barotha & Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 13

Number of faculties participated in such activities – 02

Total no. of OPD – 200

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Final M.B.B.S Interns

Details of the Camp Organized:

A free medical health check up visit was organized by the faculty members & students of Index Medical College Hospital & Research Centre in association with **Geeta Devi Parmarthak Trust, Barotha**. A visit to the M. P. Public School Visit at Barotha was organised by the P.Gs & Interns of Index Medical College. The Interns & P.Gs reached the venue by 11:00 a.m to observe the facilities and activities of the school, interact with the students and answer any queries they had. College buses were provided for their transport which reached destination at 10.00 a.m. Interns attended the morning assembly and divided themselves into pairs and attended the classes of the students. After scheduled lunch break, all the students were brought to the playground so that interns could talk to them about medical issues that are faced by their age groups.

Brief report on completion of Activities:

Index Medical College conducted school visit on 17th November, 2018. Students accompanied by two faculty members of the Department of Community Medicine made the visit. Interns took a round



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Indore (M.P.)

of the school campus and made an inventory of all the facilities available to the students. They paid special attention to the first aid room and training of the nurse in the medical room for the school. Interns also attended the morning assembly conducted at the school and gave a short speech on Hygiene in Daily Life. This speech emphasized on the importance of various small practices that the students could easily adopt to be adequately healthy and hygienic. Common mistakes that can pose a risk to the health of an individual were reiterated. After the assembly, interns paired themselves into groups of two and attended the classes with students. Here they observed the teaching methods of the teachers, props used by them and the facilities made available to the students for a comfortable learning session. A note of the ratio of male and female students, availability of sufficient benches, blackboard, entry of adequate sunlight and proper ventilation was made for each class. Next on the agenda was an informal talk with the students - especially the females, regarding the problems they faced and their easy solutions if possible were suggested to them. For this, interns asked the students to write down their problems and submit them in a box during the lunch break. After the break was over, students were asked to gather once again in the assembly ground where they were given *daris* to sit on. Interns then pulled out the anonymous chits and read them one by one, imparting required knowledge simultaneously until the query was resolved.

Students were concerned about a variety of issues they faced at school, home, and among their peers. Common misconceptions prevailing among the students were cleared. Further their questions & queries were answered and among them a few students were asked to talk about their entire experience with the interns. Topics like keeping their food covered, washing fruits and vegetables before use, adopting hygienic practices to cook food, proper sanitary habits, daily baths and hazards of unhygienic conditions were discussed in detail with the students. An interactive session about different problems faced by girls was then conducted. Females were encouraged to attend school regularly, eat nutritious food, monitor their health and seek medical help at appropriate times. Further, all the students were given demonstration of simple hygiene practices including the proper way of washing hands, coughing/sneezing with mouths covered, brushing their teeth, etc were also given by the students.

In this way, at the end of the day, students were motivated to adopt a better and healthier lifestyle, promising to follow the teachings of interns. By 02.00 pm in the evening the Students returned to the college after a successful health and hygiene intervention at the school. In the short span of around six hours, 200 children beneficiaries in the age group between 0-14 years among the total OPD reported for today were benefitted by the advice and regular physical examination by the doctors who visited their School. The School visit could be successfully completed only with the support of staff, faculty and organizers.


Signature and Seal
Dean / Medical Superintendent
Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M P)


Medical Superintendent
IMCHRC



Index

Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/ 0018

Date: 12/12/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **13th December, 2018 (Thursday)** (Day) scheduled between **11:00 a.m to 02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Government Higher Secondary School, Siroliya, Dewas

Signature of  Medical Superintendent
IMCHRC

Seal

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File


Registrar
Malwanchal University
Indore (M.P.)

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/618(A)

Date: 15th December 2018

REPORT ON GOVERNMENT SCHOOL VISIT AT HIGHER SECONDARY SCHOOL, SIROLIYA

Year of Camp – 2018

Date of Health Camp – 13/12/2018

Name of the Activity – Government School Visit at Higher Secondary School, Siroliya

Organizing unit/Agency/Collaborating Agency – Shaskiya School at Siroliya & Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 07

Number of faculties participated in such activities – 01

Total no. of OPD – 200

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Final M.B.B.S Interns

Details of the Camp Organized:

A free medical health check up visit was organized by the faculty members & students of Index Medical College Hospital & Research Centre in association with **Government Higher Secondary School, Siroliya**. A visit to the government secondary school at Siroliya was organised by the P.Gs & Interns of Index Medical College. The Interns & P.Gs reached the venue by 11:00 a.m to observe the facilities and activities of the school, interact with the students and answer any queries they had. College buses were provided for their transport which reached destination at 11.00 a.m. Interns attended the morning assembly and divided themselves into pairs and attended the classes of the students. After scheduled lunch break, all the students were brought to the playground so that interns could talk to them about medical issues that are faced by their age groups.

Brief report on completion of Activities:

Index Medical College conducted school visit on 15th December, 2018. Students accompanied by two faculty members of the Department of Community Medicine made the visit. Interns took a round of

the school campus and made an inventory of all the facilities available to the students. They paid special attention to the first aid room and training of the nurse in the medical room for the school. Interns also attended the morning assembly conducted at the school and gave a short speech on Hygiene in Daily Life. This speech emphasized on the importance of various small practices that the students could easily adopt to be adequately healthy and hygienic. Common mistakes that can pose a risk to the health of an individual were reiterated. After the assembly, interns paired themselves into groups of two and attended the classes with students. Here they observed the teaching methods of the teachers, props used by them and the facilities made available to the students for a comfortable learning session. A note of the ratio of male and female students, availability of sufficient benches, blackboard, entry of adequate sunlight and proper ventilation was made for each class. Next on the agenda was an informal talk with the students - especially the females, regarding the problems they faced and their easy solutions if possible were suggested to them. For this, interns asked the students to write down their problems and submit them in a box during the lunch break. After the break was over, students were asked to gather once again in the assembly ground where they were given *daris* to sit on. Interns then pulled out the anonymous chits and read them one by one, imparting required knowledge simultaneously until the query was resolved.

Students were concerned about a variety of issues they faced at school, home, and among their peers. Common misconceptions prevailing among the students were cleared. Further their questions & queries were answered and among them a few students were asked to talk about their entire experience with the interns. Topics like keeping their food covered, washing fruits and vegetables before use, adopting hygienic practices to cook food, proper sanitary habits, daily baths and hazards of unhygienic conditions were discussed in detail with the students. An interactive session about different problems faced by girls was then conducted. Females were encouraged to attend school regularly, eat nutritious food, monitor their health and seek medical help at appropriate times. Further, all the students were given demonstration of simple hygiene practices including the proper way of washing hands, coughing/sneezing with mouths covered, brushing their teeth, etc were also given by the students.

In this way, at the end of the day, students were motivated to adopt a better and healthier lifestyle, promising to follow the teachings of interns. By 2.00 pm in the evening the Students returned to the college after a successful health and hygiene intervention at the school. In the short span of around six hours, 200 children beneficiaries in the age group between 0-14 years among the total OPD reported for today were benefitted by the advice and regular physical examination by the doctors who visited their School. The School visit could be successfully completed only with the support of staff, faculty and organizers.



Signature and Seal

Dean / Medical Superintendent

Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/ 0019

Date: 14/12/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **15th December, 2018 (Saturday)** (Day) scheduled between **11:00 a.m to 02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Gaghangour Mata Mandir, Raja Bagh Colony near Royal Academy, Sanwer Road, Indore

Signature of Dean / Medical Superintendent

Seal

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File

Registrar
Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 14/12/2018

CAMP ORDER

There will be Health Check-up Camp on **15th December, 2018 (Saturday)** scheduled between **11:00 AM to 02:00 PM**.

Bus will depart from Index Hospital at **09:00 AM**.

Venue – Gaghangour Mata Mandir, Raja Bagh Colony Near Royal Academy, Sanwer Road, Indore (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Sonal Jain	Medicine	7016495523
2.	Dr. Kratika (Intern)	Medicine	9039088115
3.	Dr. Mayank Sharma	Orthopedics	8962926138
4.	Dr. Devendra Bhayal	Surgery	9406870646
5.	Dr. Neha Pateriya	Obs. & Gyn.	9893952848
6.	Dr. Romila Singh	Ophthal	8085266078

Medical Superintendent
IMCHRC


Dr. Ajay Joshi
Medical Superintendent



Registrar
Malwanchal University
Indore (M P)

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : IMCHRC/MR/2018/19 (A)

Date: 17/12/2018

Report on Health Education Activity at Gaghangour Mata Mandir, Sanwer Road

Year of Camp – 2018

Date of Health Camp – 15/12/2018

Name of the Activity – Health Education Activity at Gaghangour Mata Mandir, Sanwer Road

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 07

Number of faculties participated in such activities – 01

Total no. of IPD – 40

Total no. of OPD – 300

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Dental
10. T.B & Chest

Details of the Camp Organized:

Camp was organized at Gaghangour Mata Mandir, Raja Bagh Colony near Royal Academy, Sanwer Road. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. A screening health camp was organized with the help of faculty of PSM department, P.G. residents of OBG & PSM and PG's from Pathology, Lab technician & pharmacist for diagnosis of anemic patients. It was organized for adolescent girls, women of reproductive age, pregnant woman for the purpose of screening of anemia with the help of sahli's Hb meter.

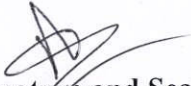
Brief report on completion of Activities:

The prime objective of this camp was to make awareness among people regarding their health and common diseases. The local people were provided with valuable information regarding uses, misuse, the optimum doses to be taken and the overall effects of antibiotics. Free physical examination along with free blood sugar, blood pressure tests were conducted by doctors. History collection including Oxygen saturation, Temperature, Pulse, Blood Pressure was taken by students of the people who arrived in the camp. They advised the patients with various medicines and consultation during the camp. They also suggested the patients to increase intake of edibles that contains minerals, vitamins and fibers like fresh fruits & vegetables. After screening, team found most of the vulnerable group is reproductive age woman of 15-45 year and pregnant woman the value was as low as 11gm/dl of Hb then the normal level after screening team advice the people for intake of Iron rich food such as jaggery, fruits, apple, date's carrot beet root & leafy vegetables pregnant woman were provided with Fe folic acid tablets.

Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment. Most of them suffered with myopic eye defect and the ones crossing the age of 65 were diagnosed with cataract problems. Patients were advised to go for cataract operation as soon as possible as these facilities are available at Index Medical college Hospital & Research Centre as well and can get discount for surgery if they register in the camp. People were also educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

During the health camp the most common health problems disease were dizziness, giddiness, abscess, rashes, itching, fever, back pain, joint pain, headache, abdominal pain, body ache, worm infestation, anemia, loose motion, weakness, unusual sweating, discharge from ear and hypertension. P.G students demonstrated the people on hand washing technique, health talk and importance of vaccination for children and adults.

For this health camp, total number of OPDs reported is 300 and total no. of IPDs reported is 40. Camp was successfully organized and co-ordinated by faculty of Index medical college. Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 2:00 p.m. with great success. Students were highly motivated and encouraged by their teachers from Dept. of Community Medicine and other specialities.


Signature and Seal
Dean/Medical Superintendent
Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2018/ 0020

Date: 22/12/2018

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **23rd December, 2018 (Sunday)** (Day) scheduled between **10:00 a.m to 02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:30 a.m. sharp.

Venue: Bajrang Nagar, Near Prashant Vidhya Mandir, Mataji Mandir, Lasudiya Mori


Signature of Dean/Medical Superintendent

Seal

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File


Registrar
Malwanchal University
Indore (M.P.)

Index

Medical College Hospital & Research Centre
(Constituent Unit of Malwanchal University)

Date: 22/12/2018

CAMP ORDER

There will be Health Check-up Camp on **23rd December, 2018 (Sunday)** scheduled between **10:00 AM to 02:00 PM**.

Bus will depart from Index Hospital at **08:30 AM**.


Venue – Bajrang Nagar, Near Prashant Vidhya Mandir, Mata ji Mandir Lasudiya Mori (M.P.)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1.	Dr. Kartik (Intern)	Medicine	9039088115
2.	Dr. Mayank Sharma	Orthopedics	8962926138
3.	Dr. Suryam Dwivedi	Surgery	9993566574
4.	Dr. Anjlina Bhati	Obs. & Gyn.	9406625500
5.	Dr. Unique Sagar	Pediatrics	7987081803
6.	Dr. Romila	Ophthalmology	8085266078
7.	Dr. Lookman Mamji (Intern)	E.N.T.	9589524526
8.	Dr. Shubhang Jain	Skin & V.D.	8827212459
9.	Dr. Mukesh Sharma (Intern)	Psychiatry	8107148541
10.	Dr. Vinay Tanwar (Intern)	Psychiatry	7869573677


Registrar
Malwanchal University
Indore (M.P.)

Medical Superintendent
IMCHRC


Dr. Ajay Joshi
Medical Superintendent

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Ref. No. : JMCHRC/MR/2018/20(A)

Date: 24/12/2018

Report on Community Health Check-up Initiatives at Bajrang Nagar, Mataji Mandir, Lasudiya Mori

Year of Camp – 2018

Date of Health Camp – 23/12/2018

Name of the Activity – Community Health Check-up Initiatives at Bajrang Nagar, Mataji Mandir, Lasudiya Mori

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 11

Number of faculties participated in such activities – 01

Total no. of IPD – 36

Total no. of OPD – 320

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. Interns

Details of the Camp Organized:

A mega superspeciality health camp was organized by Index Medical College and Lions Club of Indore at the venue **Bajrang Nagar, near Prashant Vidhya Mandir, Mataji Mandir, Lasudiya Mori**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 08:30 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated by the faculty and screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.

- Given prescription for suitable medication and provided some medication for immediate use
- Referred to our hospital for further diagnosis, surgery or treatment

- Referred to nearest hospital for immediate treatment and care

The team for camp constituted of P.G. residents. They screened the young students for refractive error, scabies, vitamin A deficiency and nutrition of children and also height and weight of children were also measured. The vision of the children was measured by using snellen's chart. Those having vision less than 6/6 were referred to IMCHRC.

Brief report on completion of Activities:

Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment.

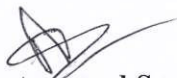
1. Visual acuity test – by using snellen's chart
2. Provided Vitamin A supplementation to the students having Bitot's spots.
3. Awareness about proper nutrition and hygiene.

The prime objective of this camp was to make awareness among people regarding their health and common diseases. The local people were provided with valuable information regarding uses, misuse, of antibiotics. They also suggested the patients to increase intake of edibles that contains minerals, vitamins and fibers like fresh fruits & vegetables. The team members of hospital including physician, dentist, gynecologist and other P.G students of different specialties at the health camp examined and discussed various health issues with patients arrived at the camp. Free physical examination along with free blood sugar, blood pressure tests were conducted by doctors. They advised the patients with various medicines and consultation during the camp.

People were educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

The healthcare condition among the poor is pathetic. These people lack in quality healthcare due to increased cost, lack of doctors and medicines. Healthcare camps are the only hope for the poor people who cannot afford to pay for expensive treatments or medicines. Therefore patients are treated with proper care, love, and respect in the camps. There is no discrimination done at any stage of treatment. Healthcare camps are the only hope for the unprivileged community where their problems are heard and resolved with respect and dignity.

For this health camp, total number of OPDs reported is 320 and total no. of IPDs reported is 36. Camp was successfully organized and co-ordinated by faculty and students of Index medical college. Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 02:00 p.m. with great success.



Signature and Seal

Dean/Medical Superintendent

Medical Superintendent

IMCHRC



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No Inc/PO/2018/110

DATE 10/3/2018

Circular

There will be School Health Program on 14/03/2018 for B.Sc. Nursing 2nd year at Middle School at Morodhat, Indore M.P. the program is sheduled between 11:00 A.M. to 03:00 P.M. Bus will depart from Index Nursing College at 10.30 A.M.

All Students wear Apron and be in proper uniform.

Principal

Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All concernrd authority
- File

Registrar
Malwanchal University
Indore (M.P.)

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

INDEX NURSING COLLEGE, INDORE, M.P.
SHOOL HEALTH PROGRAM 2018
STUDENT ATTENDANCE LIST

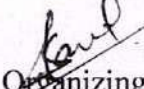
S.NO	NAME OF THE STUDENTS
1.	Pooja
2.	Pooja Sharma
3.	Prem Chouhan
4.	Priyanka, Shakya
5.	Rahul Khatwa
6.	Rahul Kumawat
7.	Rahul Vishwakarma
8.	Reshma Bee
9.	Sahil
10.	Saloni Bijore
11.	Saloni Pal
12.	Saloni Pal
13.	Sandeep
14.	Sangeeta Rawat
15.	Sanjeet Kumar Singh
16.	Sapna Waskel
17.	Seema Eske
18.	Seema Rawat
19.	Sheela
20.	Shreya Pal
21.	Soheb
22.	Sonu Rathore
23.	Sonu Yadav
24.	Vaishali


Registrar
Malwanchal University



Principal

INDEX NURSING COLLEGE
INDORE (M.P.)

25.	Vijay Balod
26.	Vinod
27.	Yash Vyas
28.	Yashu Purohit
29.	Yogesh Yadav
30.	Yogita Romade


Organizing Secretary


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



INDEX NURSING COLLEGE SCHOOL HEALTH PROGRAM

Overview

Index nursing college affiliated to Malwanchal University organized school health program on **14/03/2018** with the blessings of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutions. Under the guidance of Mrs. Achamma Varghese, Principal, Index Nursing College.

Objectives:

Students will be able to:-understand various modes of To promote healthy behaviors among the children that they will inculcate for life. To promote use of safe drinking water in schools. The promotion of positive health. The prevention of diseases. Early diagnosis , treatment and follow-up of defects. Awakenning health consciousness in children. The provision of healthful environment.

The program was organized by Index Nursing College. The programme was organized for one day and the timings were from 11:00 am to 3:00pm. At 10:30 students of Bsc nursing 2nd year Index Nursing College and there faculty Mr. Javed Khan Associate Professor, Mr. Jitendra Chicholkar Associate Professor, Mr. Shivani Bhadoria. Going by college bus at Gram Morodhat. The programme was started with registration of school students (1st to 5th) at 11:00am. This was followed by inaugural ceremony. The Chief Guest was Headmistress of the school, Middle School Gram Morodhat, Indore, M.P. . The inauguration session was started with lighting the lamp.

After the lamp lighting programme where proceed with 1st class student. In this first we check Height, Weight, head circumference, Chest circumference, Mid arm circumference and Abdominal girth.

Completion of 1st class students health checkup now programme proceed for 2nd class students we check Height, Weight, head circumference, Chest circumference, Mid arm circumference and Abdominal girth.

Accomplishment of 2nd class students now further proceed with 3rd class students here we check Height, Weight, head circumference, Chest circumference, Mid arm circumference and Abdominal girth.

Now its turn of 4th class students health here we check Height, Weight, head circumference, Chest circumference, Mid arm circumference and Abdominal girth.

After end with 4th class students. We start5 with 5th class students here we check Height, Weight, head circumference, Chest circumference, Mid arm circumference and Abdominal girth.


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

After the successfully completion of health camp we distribute biscuit to all students who participated in health programme. And give Special thanks to Mrs. Aruna yadav Head mistress of Middle school Gram Morodhat, Indore M.P.

Students will be able to:-understand various modes of To promote healthy behaviors among the children that they will inculcate for life. To promote use of safe drinking water in schools. The promotion of positive health. The prevention of diseases. Early diagnosis , treatment and follow-up of defects. Awakenning health consciousness in children. The provision of healthful environment.


Organizing scretory



Principal

Index Nursing College

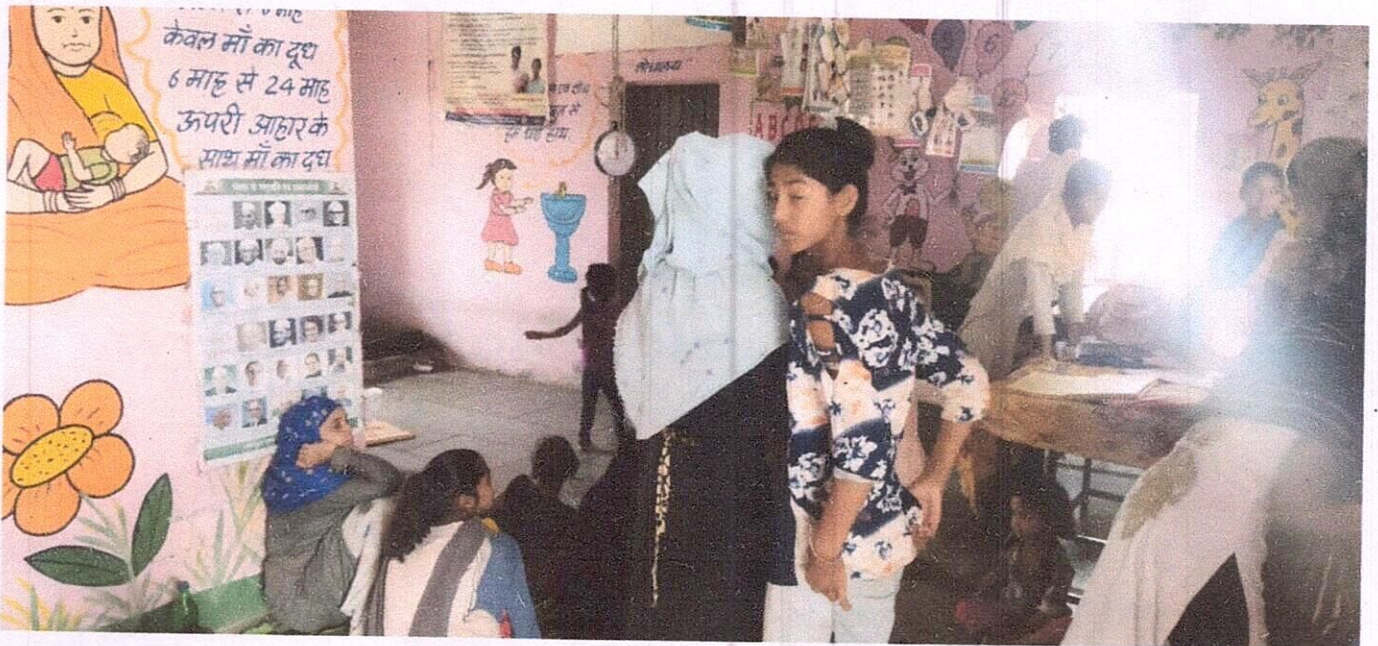
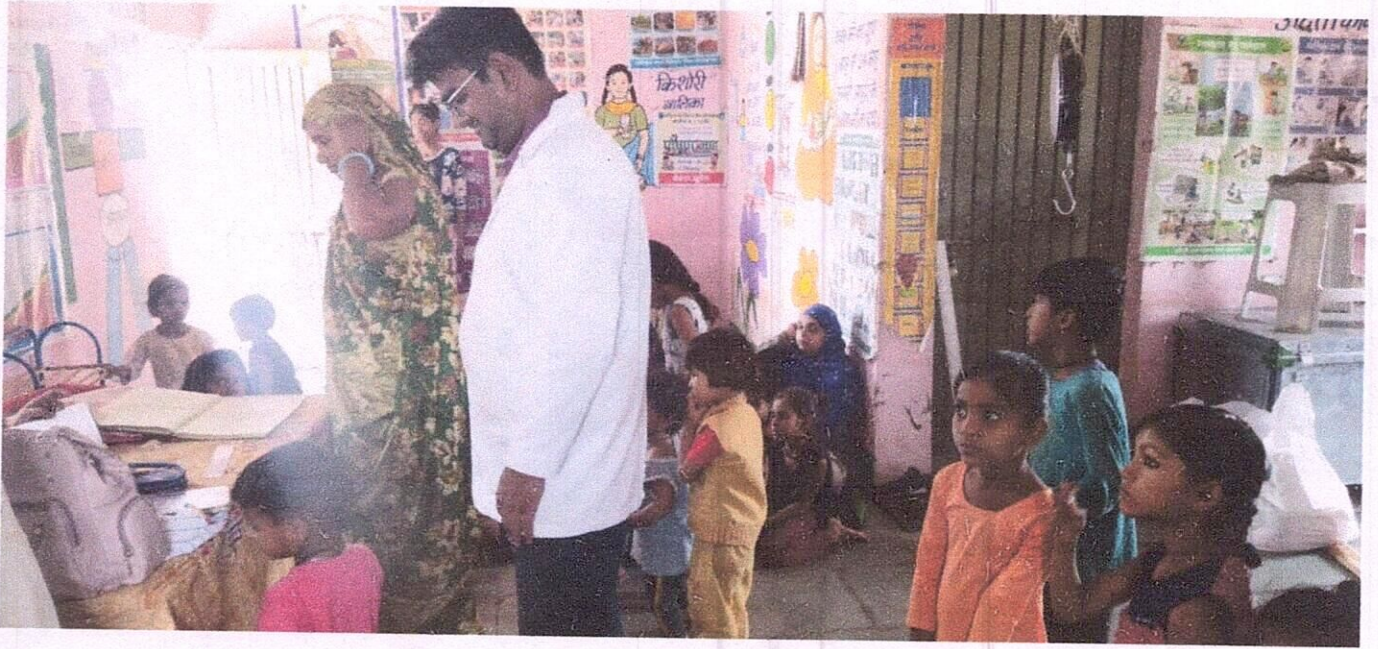
**INDEX NURSING COLLEGE
INDORE (M.P.)
PRINCIPAL**




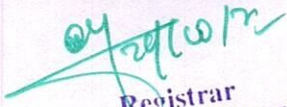
**PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)**



**Registrar
Malwanchal University
Indore (M P)**




Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)



Index Nursing College





GRAM MORODHAT, NEMAWAR ROAD, POST BAVLIYA KHURD, INDORE, MADHYA PRADESH 452016
(Recognized by Indian Nursing Council, New Delhi & Madhya Pradesh Nurses Registration Council, Bhopal, M.P. to Malwanchal University, Indore, Madhya Pradesh)


Certificate
Of completion

Sandeep

This is awarded to you for successfully completing the School Health Program
On 14 March 2018.


Principal
PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)


Organising Secretary



Index Nursing College





GRAM MORODHAT, NEMAWAR ROAD, POST BAVLIYA KHURD, INDORE, MADHYA PRADESH 452016
(Recognized by Indian Nursing Council, New Delhi & Madhya Pradesh Nurses Registration Council, Bhopal, M.P. to Malwanchal University, Indore, Madhya Pradesh)

Certificate
Of completion

Sangeeta Rawat

This is awarded to you for successfully completing the School Health Program
On 14 March 2018.


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Organising Secretary
Malwanchal University
Indore (M.P.)



Index Nursing College



GRAM MORODHAT, NEMAWAR ROAD, POST BAVLIYA KHURD, INDORE, MADHYA PRADESH 452016
(Recognized by Indian Nursing Council, New Delhi & Madhya Pradesh Nurses Registration Council, Bhopal, M.P. to Malwanchal University, Indore, Madhya Pradesh)

Certificate
Of completion

Sanjeet Kumar Singh

This is awarded to you for successfully completing the School Health Program
On 14 March 2018.

Principal
Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Organising Secretary

Registrar
Malwanchal University
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